



About Us

The 526 Resiliency Center was developed by the County of Santa Clara for those impacted by the Valley Transportation Authority railyard shooting on May 26, 2021.

In partnership with contracted providers, the Center provides free confidential support, resources, education, and counseling.



24-Hour Support Services

If you or a loved one are in need of support outside of business hours, the following resources may assist you:

9-8-8

The Santa Clara County Crisis and Suicide Prevention Lifeline is a 24-hour, toll free, confidential hotline. Highly trained Crisis Phone Counselors are available 7 days a week for phone intervention and emotional support, to help those experienced emotional or situational distress.

1-800-985-5990

The Disaster Distress Helpline is a national hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available 24/7 for those who are experiencing emotional distress related to natural or human-caused disasters.



THE 526
RESILIENCY CENTER

 **353 W. Julian Street**
San Jose, Ca 95110

 **(669) 308-1475**
526RC@dao.sccgov.org

Office Hours:
Monday - Friday
9:00AM - 5:00PM
Counseling available by appointment

Free Services Available

- Trauma-focused counseling for individuals, groups, and families
- Eye Movement Desensitization and Reprocessing (EMDR) therapy
- Advocacy and Case Management
- Assistance through the California Victim Compensation Board for unreimbursed crime related expenses
- Trauma education
- Supportive gatherings
- Stress Management workshops
- Peer Support workshops

Scan QR Code to follow us on Facebook and stay informed about services, events, trainings, and other programming.



How can counseling help?

- Understand your reactions to stress
- Learn coping skills and tools to reduce your symptoms
- Improve relationships
- Reduce harmful behaviors
- Improve your quality of life

Schedule a consultation with one of our providers to discuss your personal needs

What is the role of an advocate?

Your advocate is here to help you:

- Navigate and connect to free services offered by the Center
- Help identify other needs you may have and connect you to resources that can help
- Support you through criminal justice proceedings including an orientation to the criminal justice system, case updates, court accompaniment, and information about your rights
- Complete an application for the California Victim Compensation Board

Our Partners

Bill Wilson Centre for Living with Dying

The CLWD provides mental health support services at the 526 Resiliency Center through two licensed clinicians and is certified to provide Psychological First Aid training.

DreamPower Horsemanship

Martha McNiel is a Licensed Marriage and Family Therapist, certified in EMDR therapy. She has a long history of providing mental health support services to first responders and responding to critical incidents.

Your privacy is important to us. Mental health providers are governed by client-provider confidentiality. Names of clients will not be reported to your employer or unions.