

Photo credit: AARP



COMPLETE STREETS

Design
&
Implementation

Santa Clara, CA
July 13, 2017



Smart Growth America
Improving lives by improving communities



National Complete
Streets Coalition



Complete Streets

Trainers



**Emiko
Atherton**
National
Complete
Streets
Coalition



**Mike
Rutkowski**
P.E., AICP
Stantec



Agenda

- ✓ **Creating a Plan – Implementing CS**
- ✓ **Complete Streets, the Process**
- ✓ **Funding 101/Outreach**
- ✓ **Project Development/Review Process**
- ✓ **Next Steps**



Implementing Complete Streets



Emiko Atherton



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**National Complete
Streets Coalition**



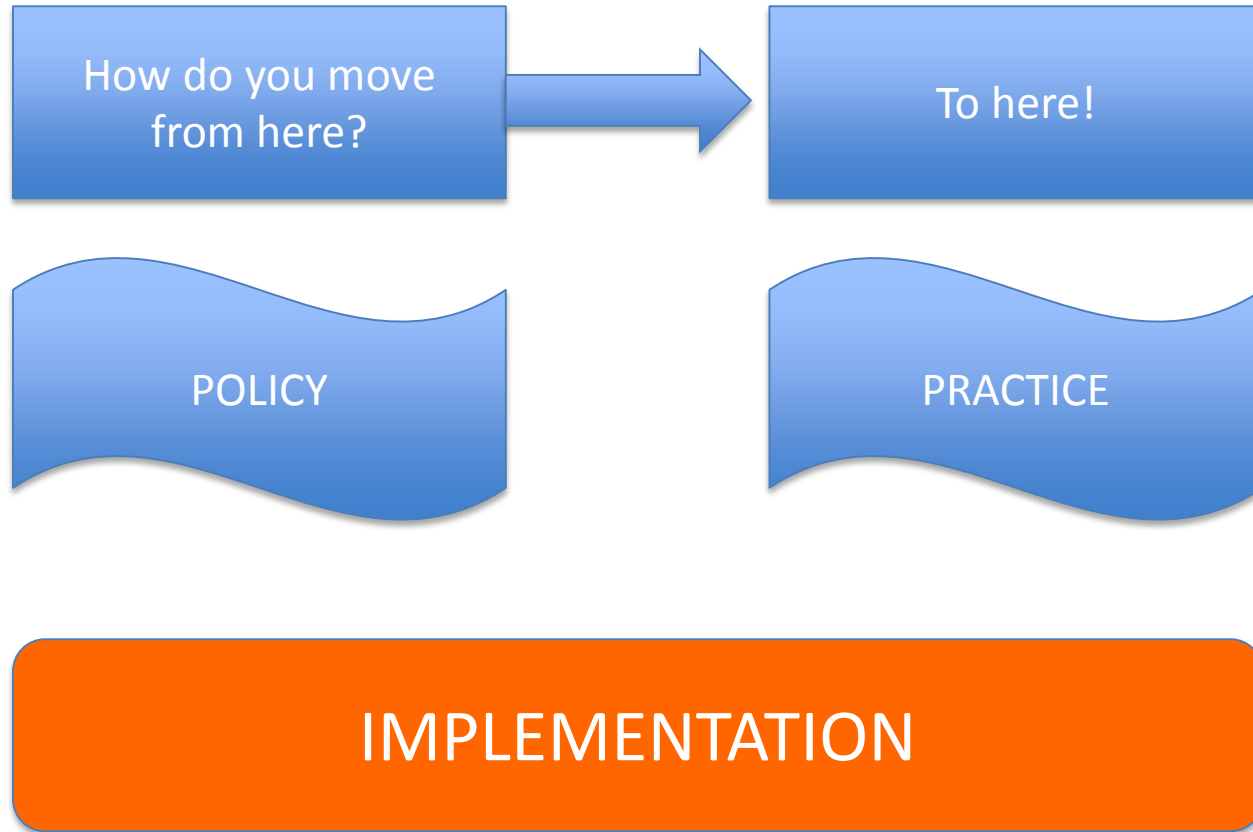
Complete Streets

Planning for Implementation

“Complete Streets policies are intended to end (this) project-by-project approach to change, and they do so by focusing not on projects but on changing the internal guidelines, policies, processes and systems that have been set up to provide for a single mode.”

-Barbara McCann, founder of the Complete Streets movement

Policy to Practice



Implementation Activities

1. Organize implementation activities
2. Restructure processes, procedures, policies, plans, and programs
3. Rewrite or update design guidance
4. Offer educational opportunities to transportation staff, community leaders, and the general public
5. Create new performance measures

1. Organize Implementation

- Create an Implementation Committee
- Assess what you have
- Develop an implementation plan

Implementation Committee

- **Internal:** Easier to manage expectations, achieve goals
 - An internal committee charged with implementing a policy becomes a driver of change because it provides a forum for different departments to work out problems.

Implementation Committee

- **External:** Builds stronger community and political will
 - Places with successful Complete Streets policies include more people in the decision-making process.



Assess what you have...

Get a clear picture of all the steps involved in choosing, planning, and building your transportation projects.

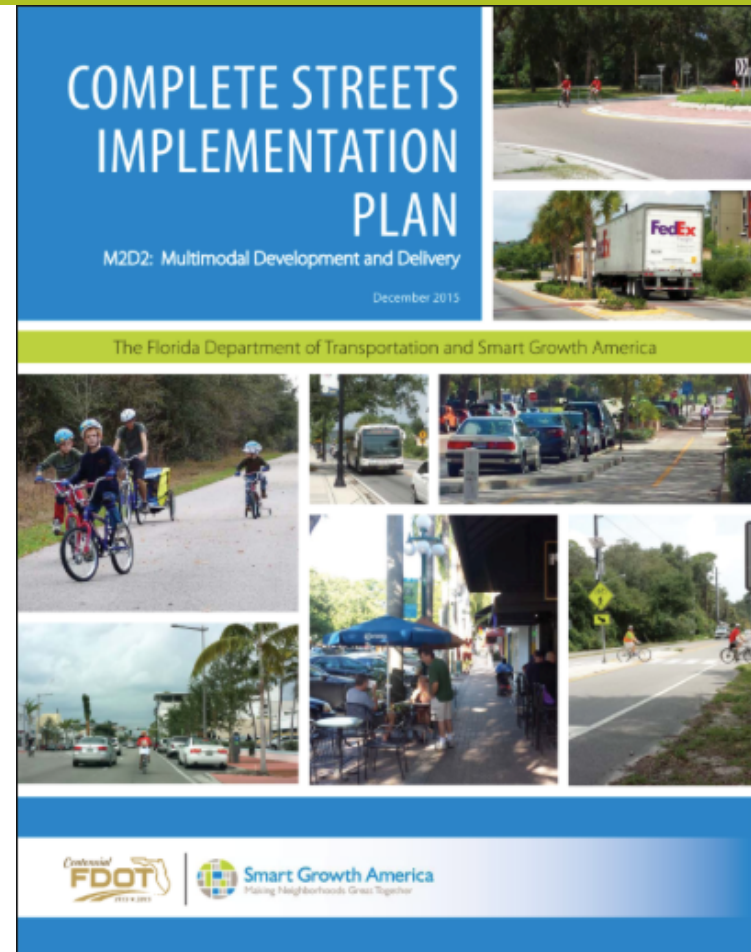


Assess what you have...

- Understanding the current process is essential because the project development system dictates how decisions are made.
 - Checklists, design trees, procedures, plans, processes, code/ordinances, design guidance, performance measures currently used
 - Also consider looking at land use, zoning, and subdivision regulations.

Create an implementation plan

- “Best practices”
- Clear path forward
- Measures internal and external change
- Communications tool



2. Process & procedure



After you identify the current processes and procedures, you can identify the barriers to Complete Streets implementation.

Opportunities for change

- Update documents to comply with Complete streets (RFPs, plans, regulations, codes, project scope)
- Modify process, procedures, and documents
- Prioritize projects that achieve CS goals
- Clarify exceptions process, accountability
- Adopt or update supporting plans and policies
- Take advantage of maintenance and operations opportunities

Change project procedures

- Planning
- Programming
- Scoping
- Design
- Construction
- Maintenance*
- Operations*
- Capital projects
 - New, retrofit, reconstruction
- Repair, resurfacing, restoration, rehabilitation
- Bridges

**More opportunities than with CIP/TIP projects!*

Modify procedural documents

- Checklists
 - Roadway design, signals, streetscaping, ADA, development reviews, etc.
- Decision trees
- Design vehicle
- Standard operating procedures
- Project development forms

3. Update design guidance

- Create new document or revise existing
- Reference latest and best national/state guides
- Public and private development
- Set new standard templates
- Pilot new designs
- Integrate new techniques into practice

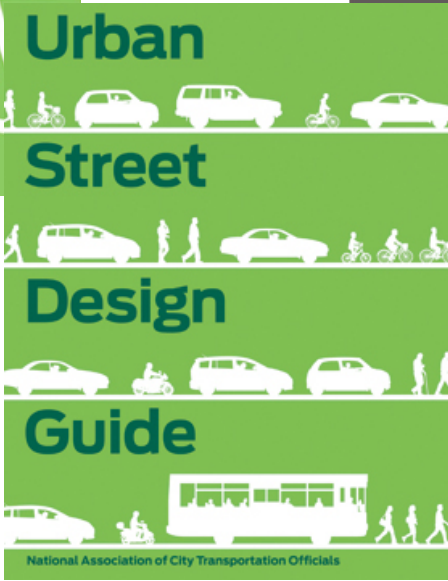
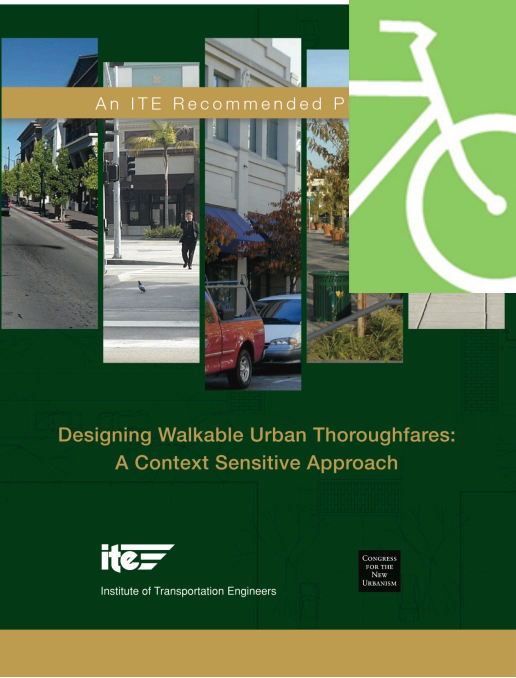
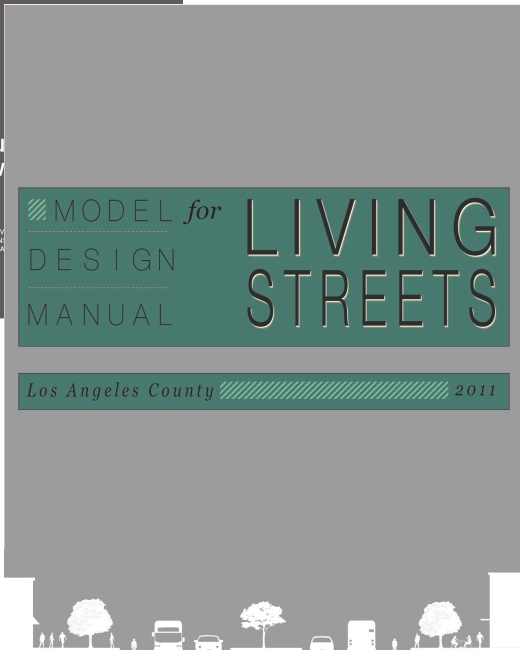
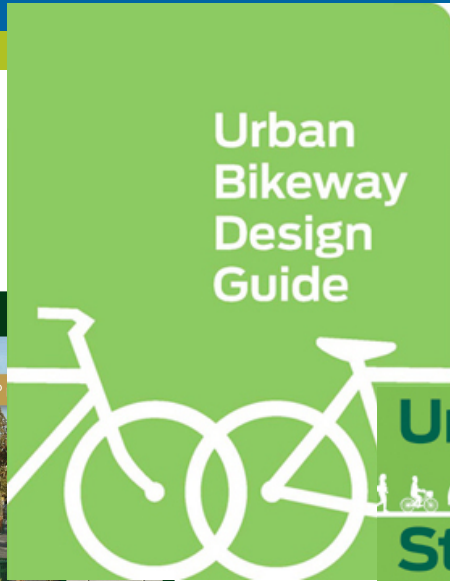
Design Guidelines

- Design guidelines are a set of rules and standards to guide a community's design.
- Revising design manuals to support multimodal efforts is one of the major actions taken to implement Complete Streets.
- Gives engineers and planners better decision-making tools

Agency-specific examples



Adoptable/adaptable models



Refer to state standards

Complete Intersections:

A Guide to Reconstructing Intersections and Interchanges for Bicyclists and Pedestrians

California Department of Transportation



North Carolina Department of Transportation Complete Streets Planning and Design Guidelines



July 2012



2006

Massachusetts Highway Department Project Development & Design Guide



MASS HIGHWAY

4. Educate and Train

public

- Determine what people want of out their streets
- Explain new treatments
- Educate on the transportation process

public
officials

- Understand how the policy are being translate to projects on the ground
- Educate on the transportation process

practitioners

- Professional transportation training
- Community engagement

Identify different training needs

- Department heads, managers, program staff
- Planning/design staff
- Construction/field operations staff
- Cooperating agencies)



Offer training



Formal & informal training for all staff levels

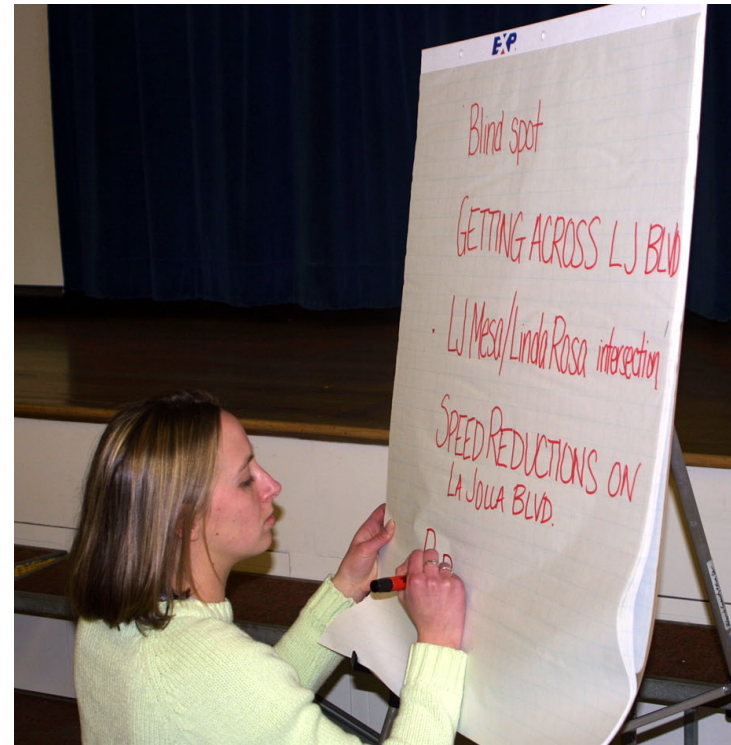
- Series of technical training sessions
- Walk/bike tours and audits
- Conferences, webinars
- Walk to lunch with coworker

Offer training

Technical and non-technical issues

- Not always needed for design, but for procedures

Multi-departmental
Public outreach and
education is key



PERFORMANCE MEASURES

Performance Measures

- MAP-21 requirements
- Accountability to goals and policies
- Transparency of decisions
 - Guidance making trade-offs
- Biggest bang for the buck
 - Incl. impact on other sectors
- Making the case for transportation projects

Measures flow from goals.

Goal



Measures
• Objectives



Metrics
• Data

For example:

Goal



Measures
• Objectives



Metrics
• Data

Helping people
get to A and B



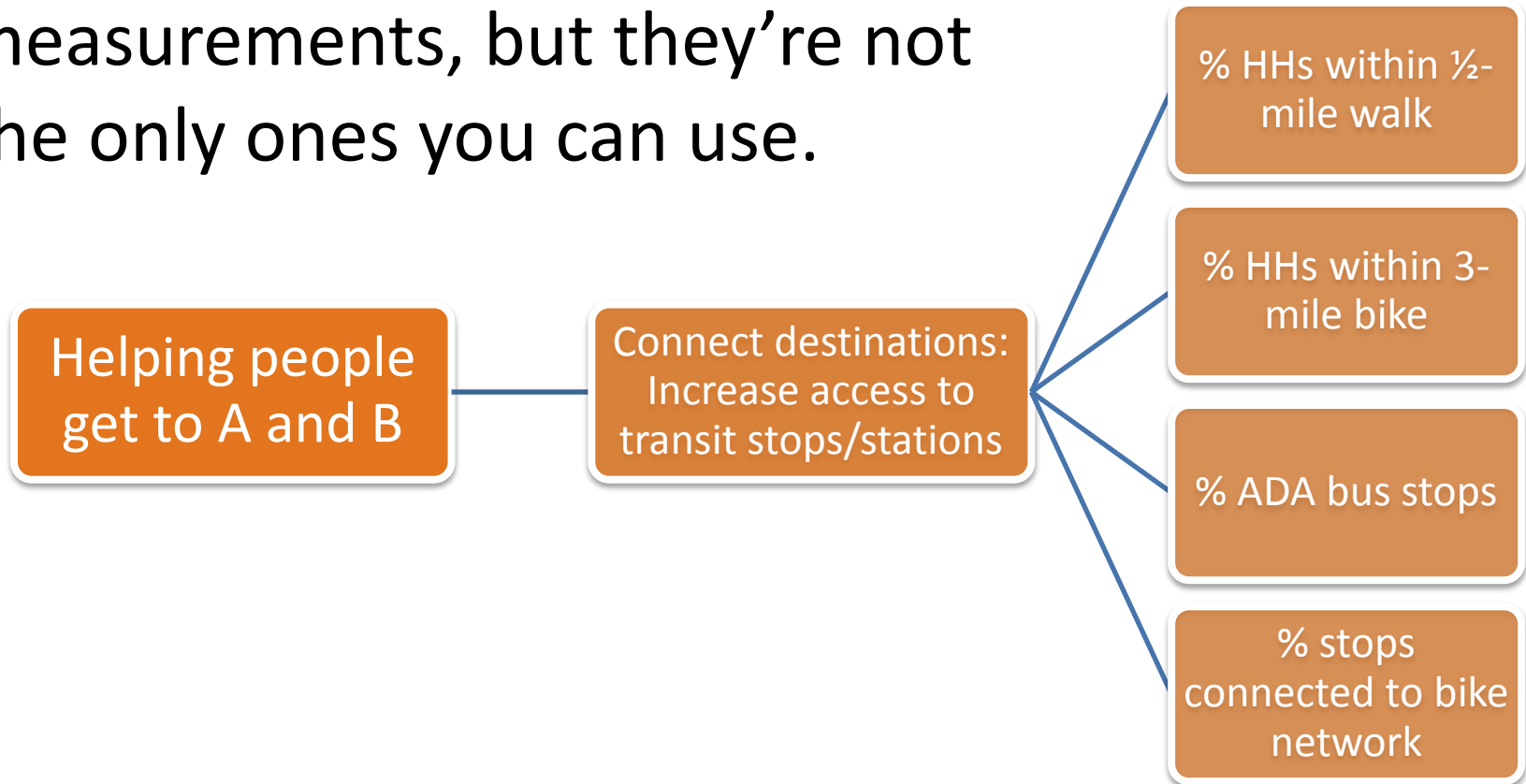
Person trips
• Increase walk,
bike, transit



Active transport trips
as portion of all trips
• ACS, Household Travel
Survey, Automated
counters...

Simple measures can be good measures

Some goals need complex measurements, but they're not the only ones you can use.



Outcome-oriented performance measures

- Beyond mobility-based or system condition measures
 - V/C, LOS, pavement quality
- Use data to support:
 - Long term decisions
 - E.g., Program funding, LRTP, STIP
 - Short term decisions
 - E.g., Alternatives analysis, design choices
- Set goals, objectives, then measures of success

Types of results

You control outputs

Examples:

- Blocks of sidewalks, new and repaired
- Percentage of accessible bus stops
- Percentage of bike plan completed
- Miles of repaved travel lanes
- Average distance between crosswalks

You influence outcomes

Examples:

- Number of people walking
- Parking utilization
- Rate of fatalities per mode
- Retail sales
- Property values
- Amount of physical activity
- Rate of chronic diseases

Tell your story!

Making bus routes work better: Fordham Road (Bronx)

20% increase in
bus speeds

10% increase in
bus ridership

71% increase in
retail sales
*(at locally-based
businesses, compared to
23% borough-wide)*

Delivery windows
*(curb dedicated to
trucks at key times)*

**Curbside red
bus lanes**

**Transit signal
priority**



Neighborhood traffic calming: East 180th Street (Bronx)

67% decrease in
pedestrian crashes

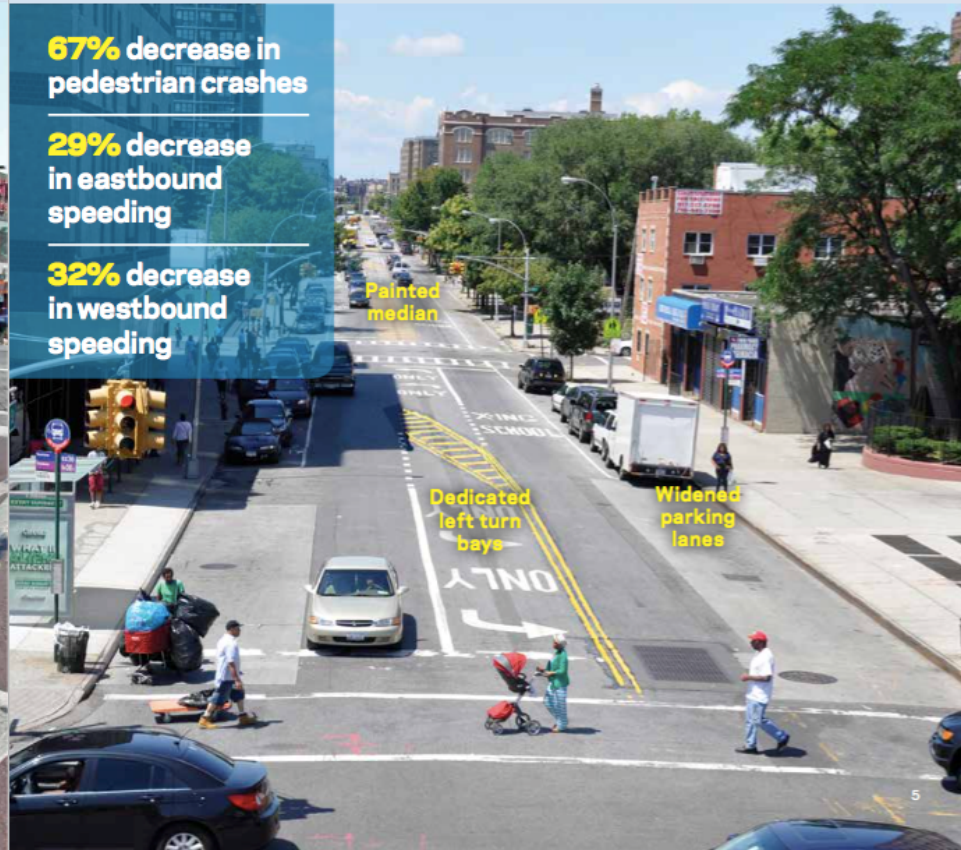
29% decrease
in eastbound
speeding

32% decrease
in westbound
speeding

**Painted
median**

**Dedicated
left turn
bays**

**Widened
parking
lanes**



Case Study: Edgewater Drive, FL



Background

- Repaving project scheduled by FDOT
- FDOT was open to reconfiguration if City takes over jurisdiction
- Changes needed to be accepted by neighborhood and a before/after study must be conducted
 - Public determined 9 “measures of effectiveness”

Before



After



Performance measures

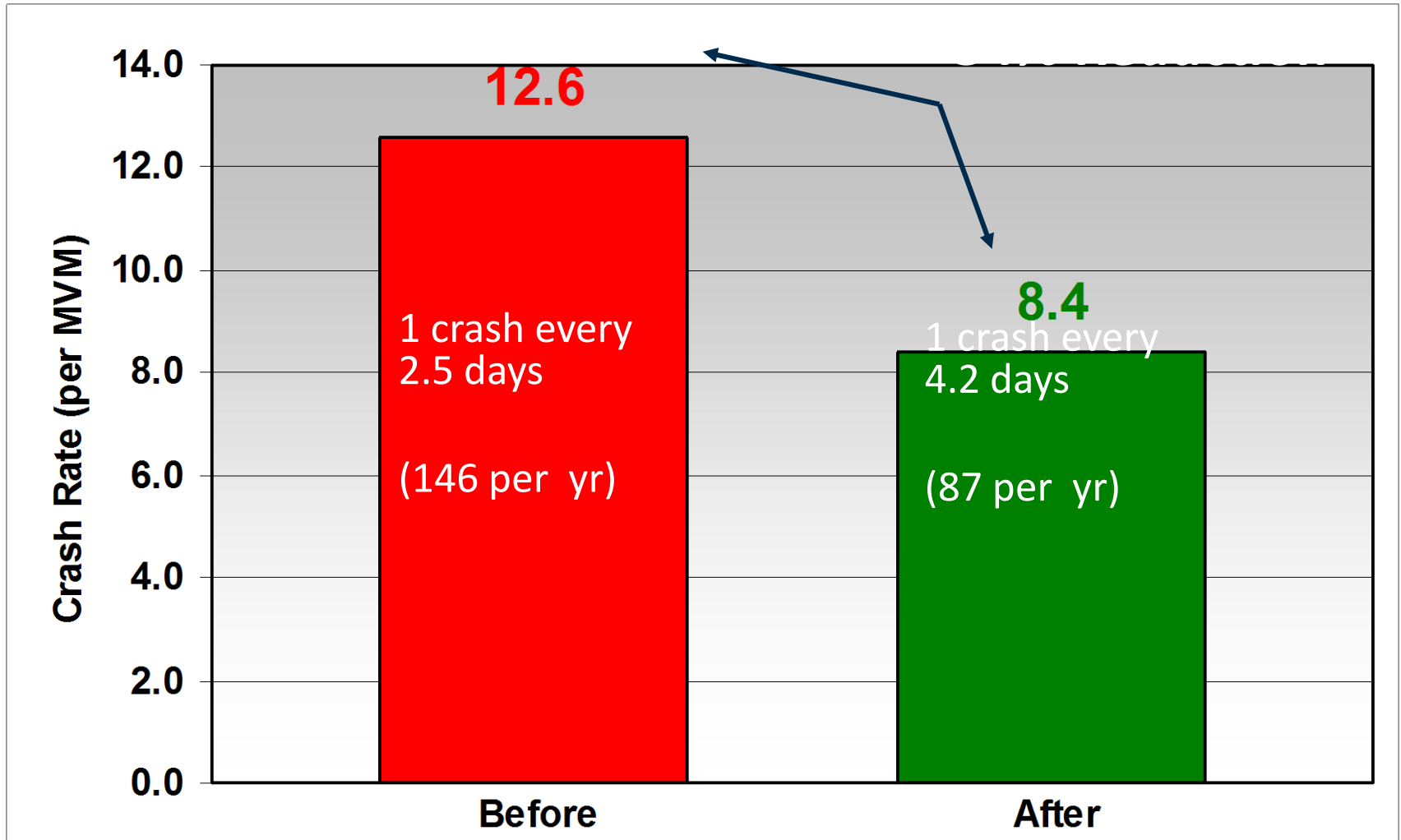
Measures

- 1 Avoid increased traffic on neighborhood streets
- 2 Reduce speeding on Edgewater Drive
- 3 Increase number of people bicycling
- 4 Increased number of people walking
- 5 Reduce crashes
- 6 Increase use of on-street parking
- 7 Increase pedestrian satisfaction among residents
- 8 Increase pedestrian satisfaction among merchants
- 9 Increase parking satisfaction among residents

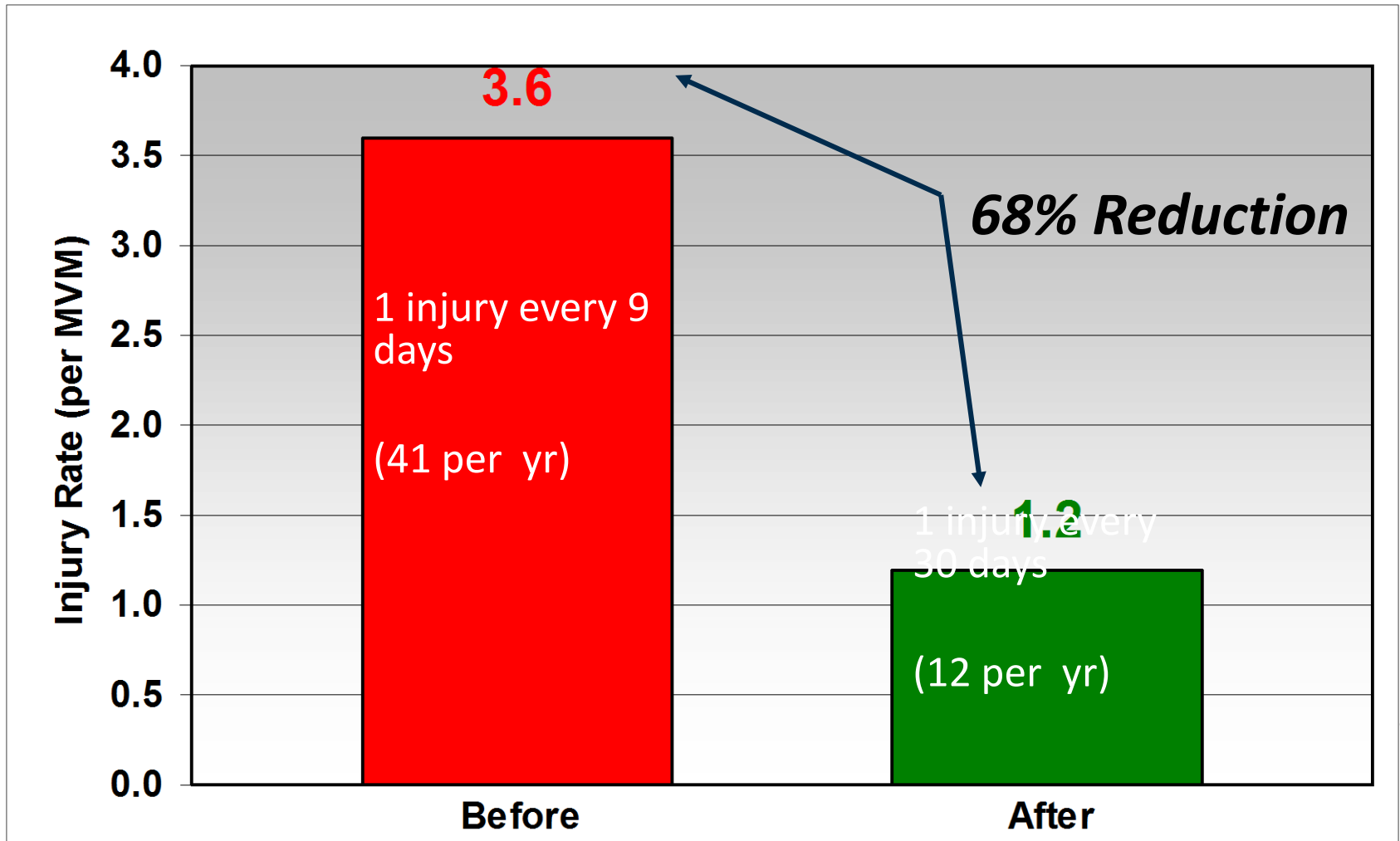
Performance measures

Measure	Accomplished?
1 Avoid increased traffic on neighborhood streets	YES
2 Reduce speeding on Edgewater Drive	YES
3 Increase number of people bicycling	YES
4 Increased number of people walking	YES
5 Reduce crashes	YES
6 Increase use of on-street parking	YES
7 Increase pedestrian satisfaction among residents	YES
8 Increase pedestrian satisfaction among merchants	NO
9 Increase parking satisfaction among residents	YES

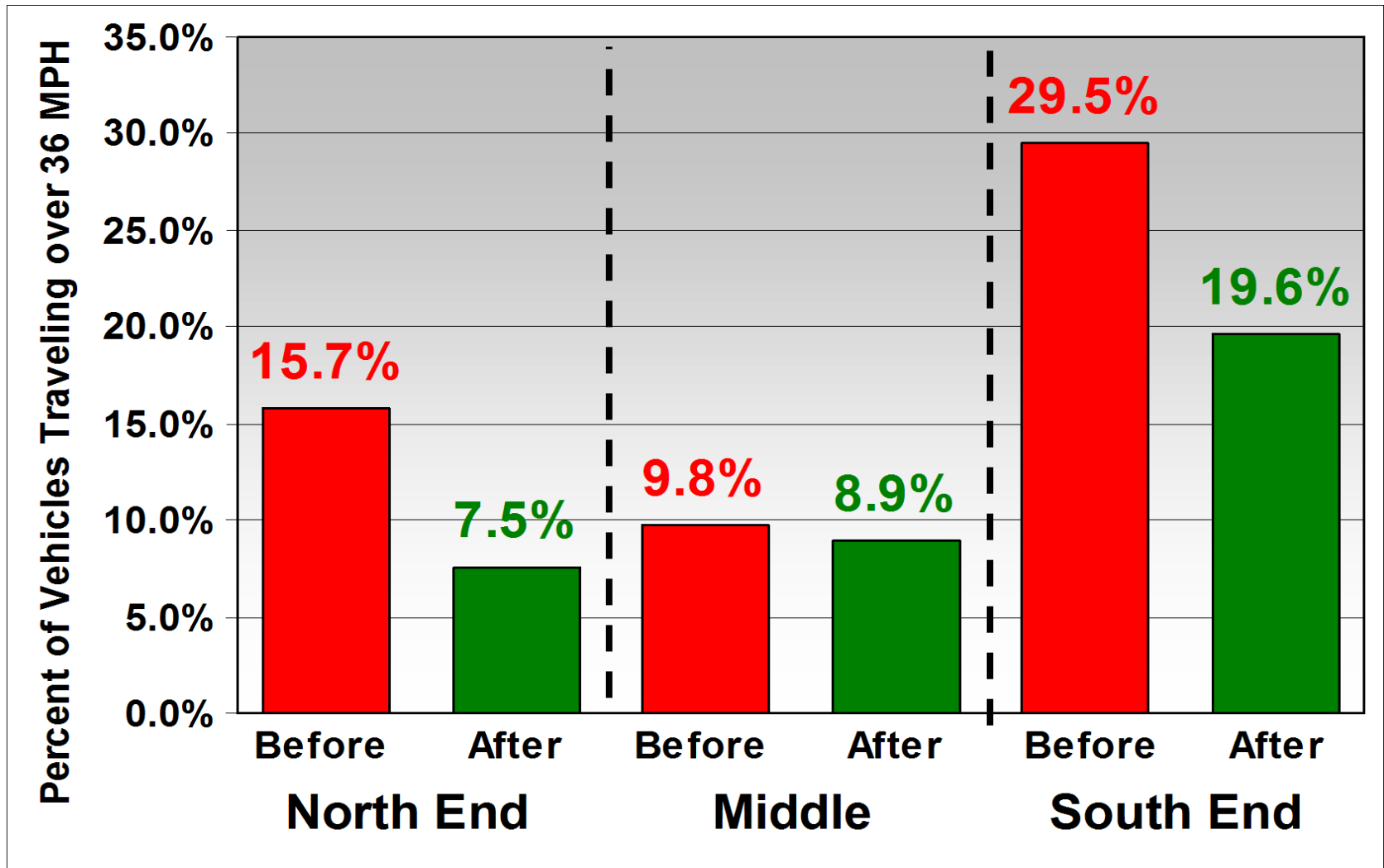
Crash rate



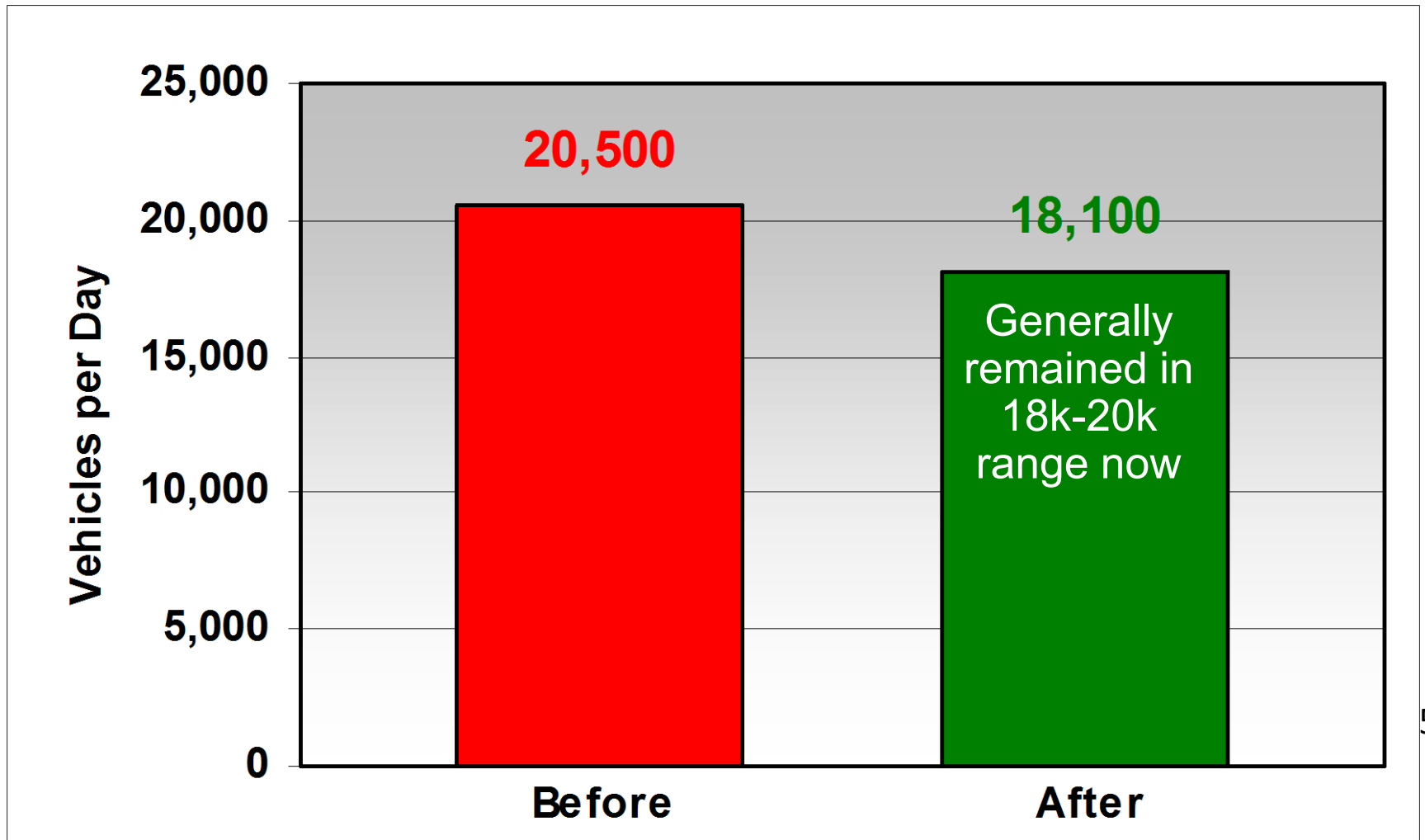
Injury rate



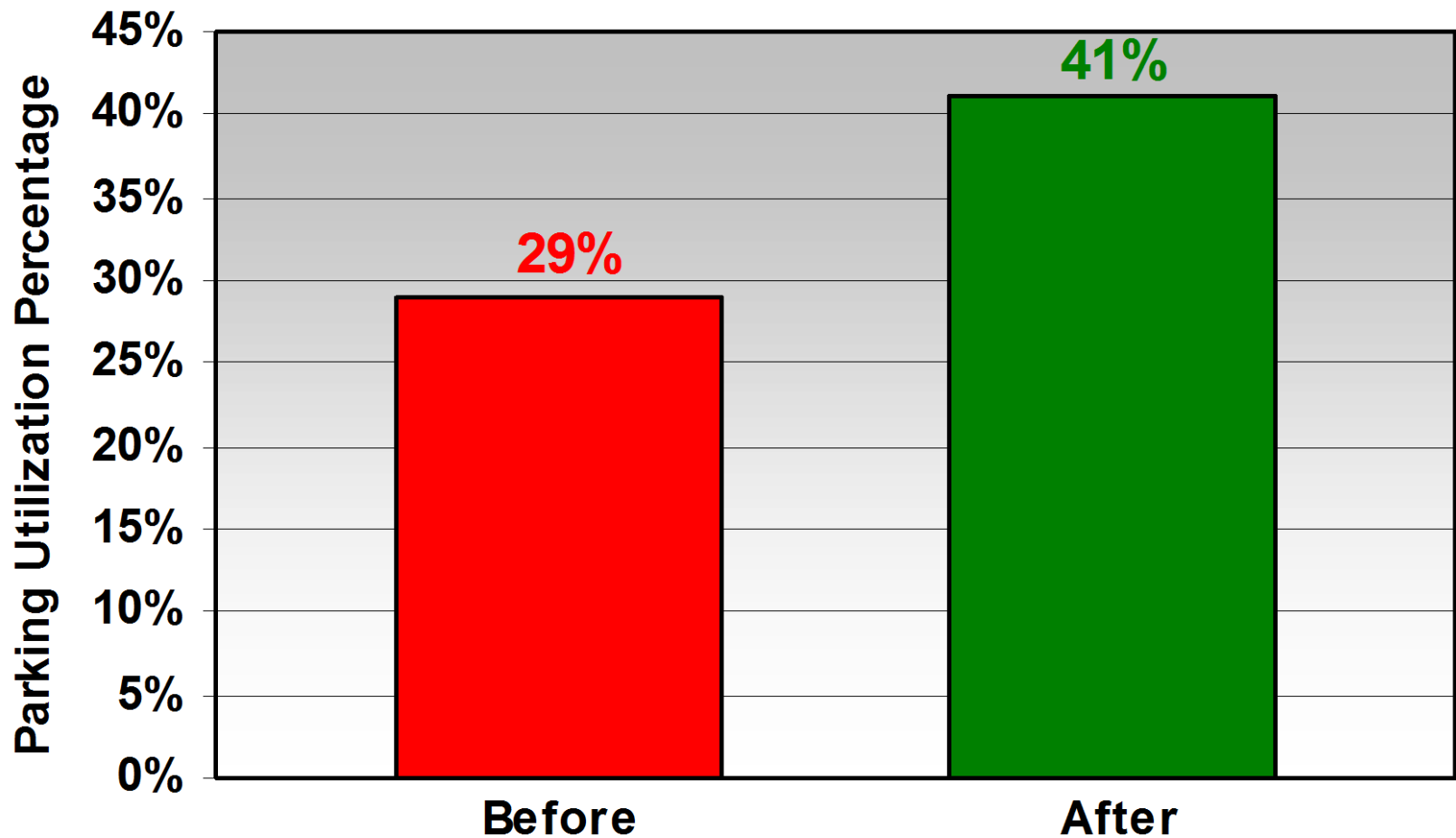
Speeding



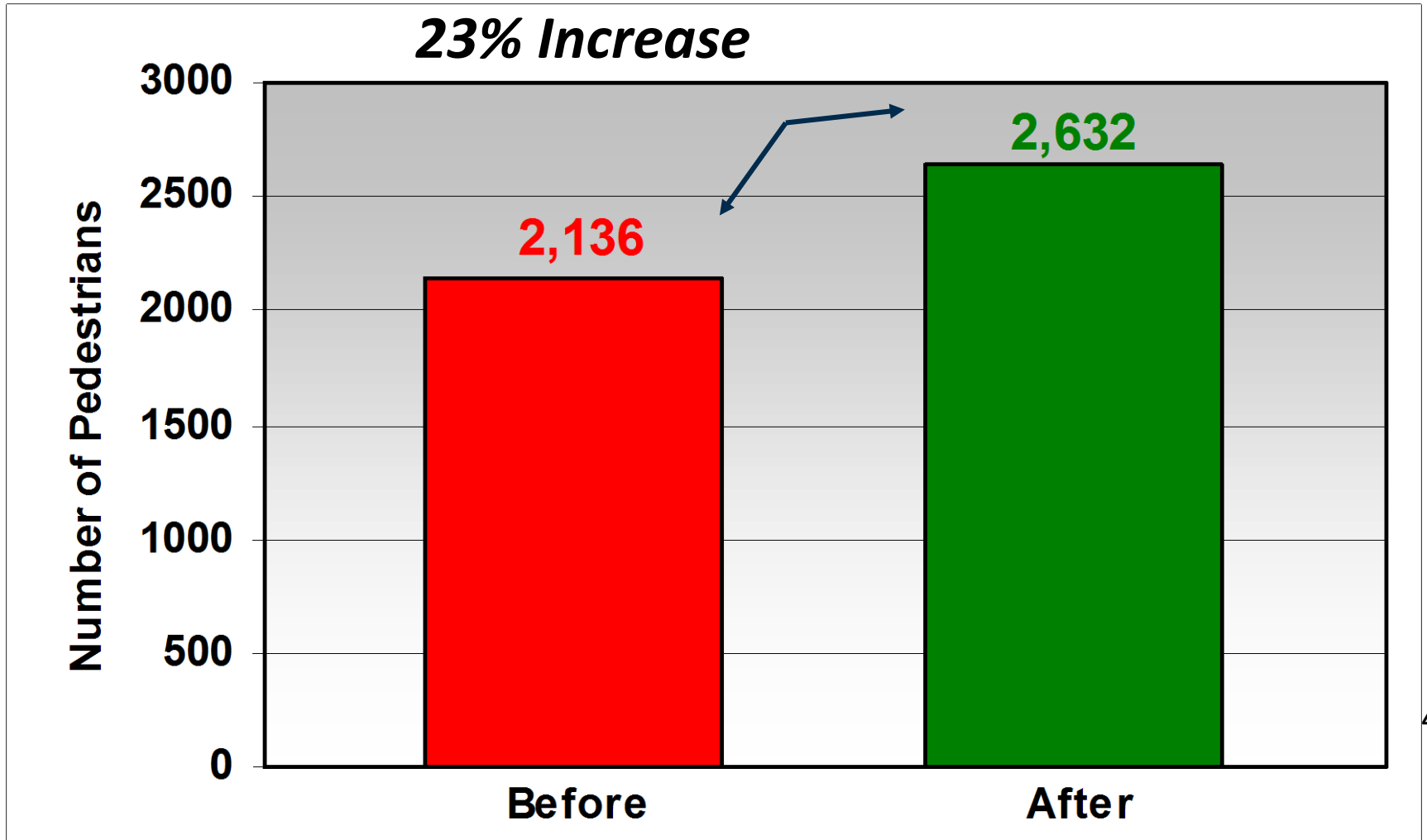
Automobile traffic volumes



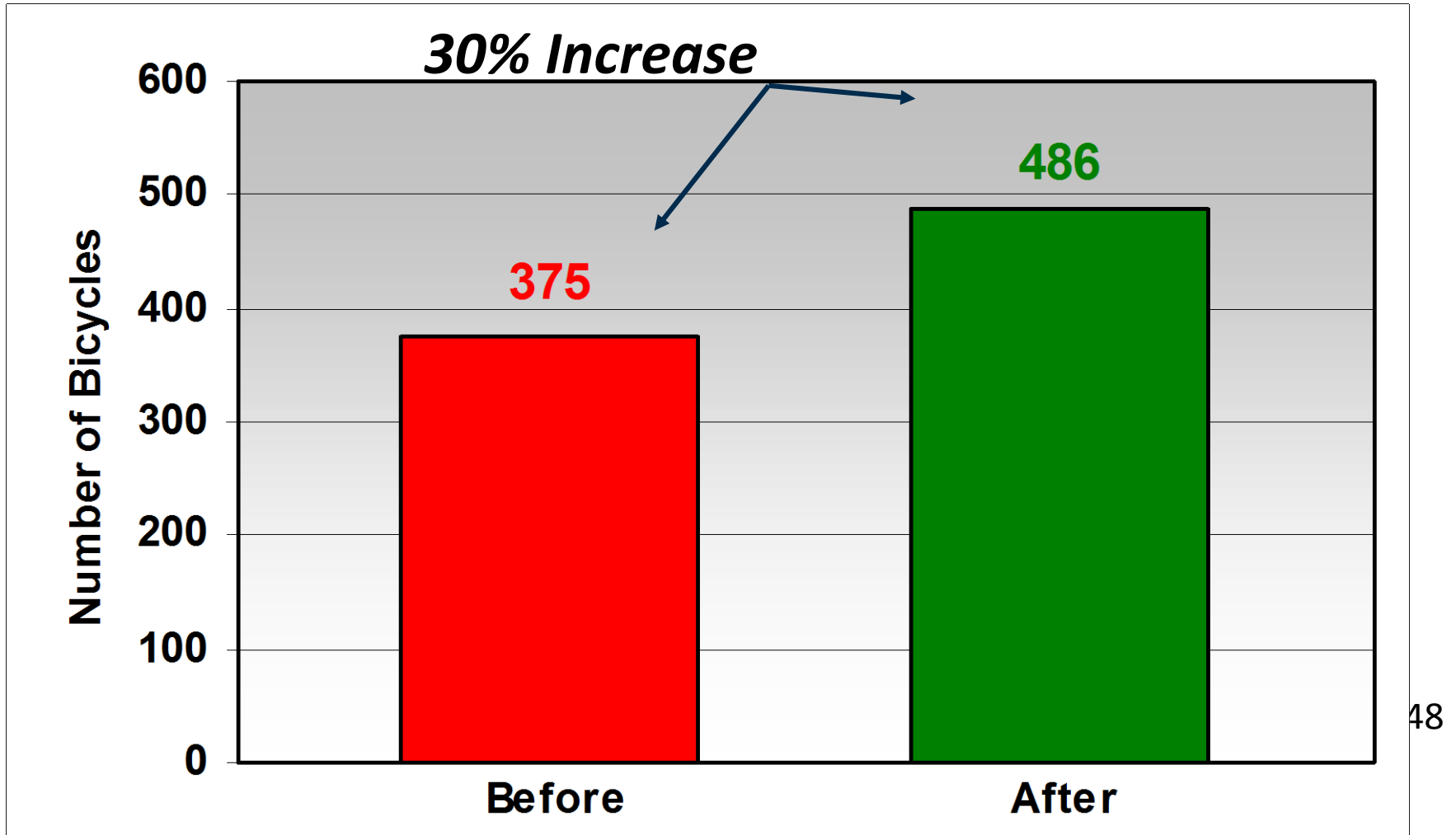
On-street parking use



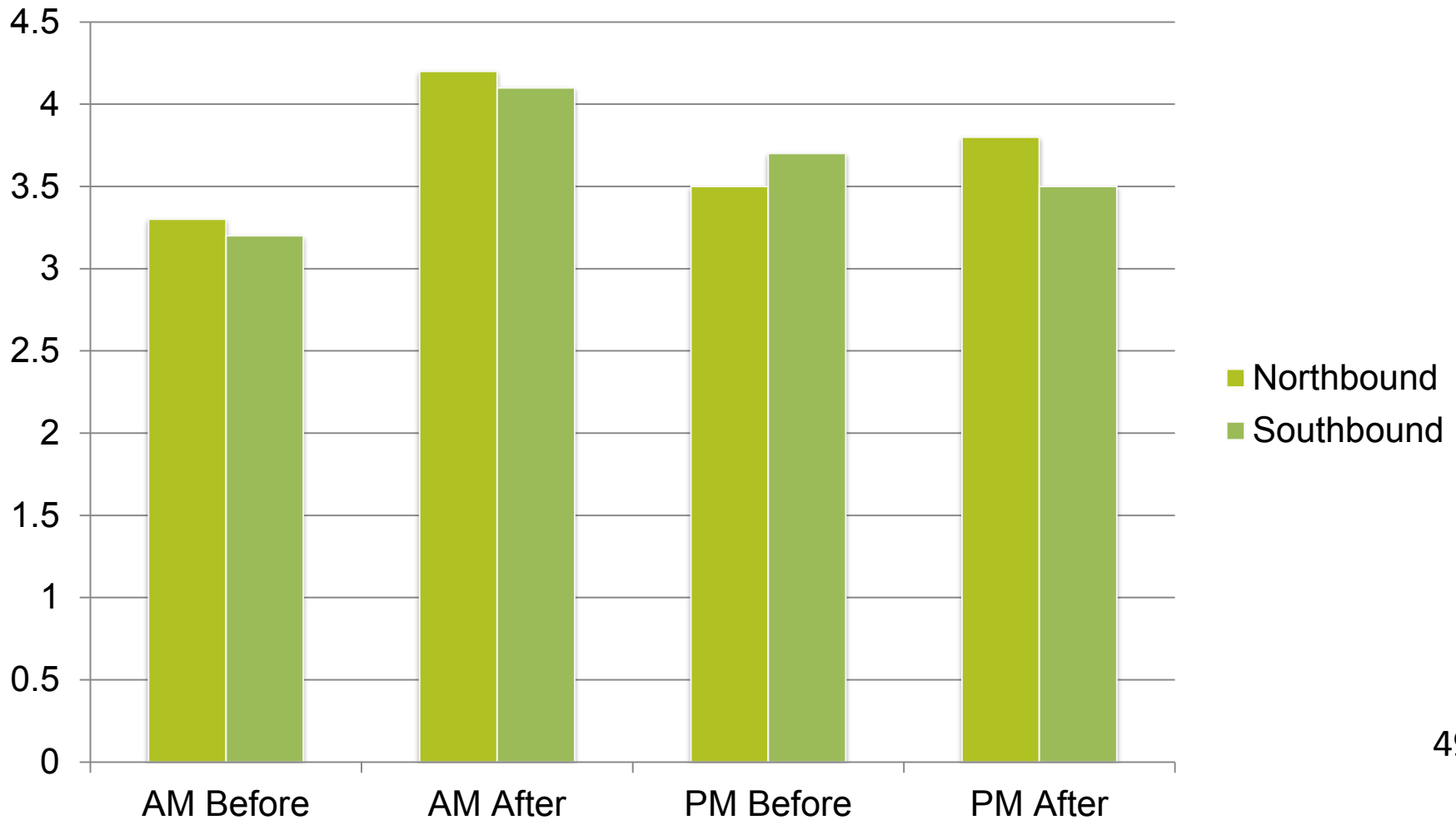
People walking



People bicycling



Average peak period travel time



Property values

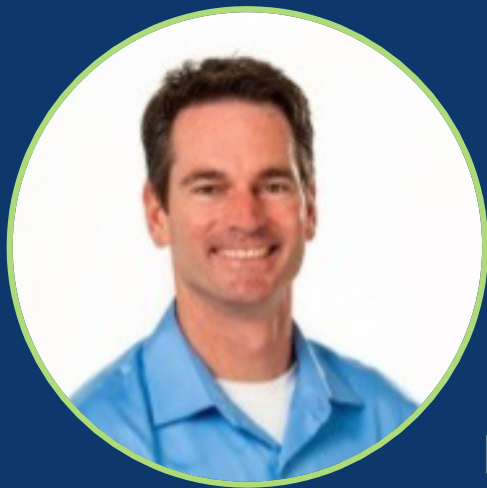
- 77 net new businesses open and 560 new jobs created since 2008.
- Average daily automobile traffic, which saw a slight dip following project completion, has returned to its original pre- project level and on-street parking use has gone up 41 percent.
- The value of property adjacent to Edgewater Drive has risen 80 percent, and the value of property within half a mile of the road has risen 70 percent.



30 Minute Lunch Break



Complete Streets – the Process



Mike Rutkowski, P.E., AICP



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Complete Streets

What are Complete Streets?



Safe. Comfortable. Convenient.



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Complete Streets

Benefits of Complete Streets

- **Safety**
- **Equity**
- **Health benefits**
- **Increase demand for different modes**
- **People with disabilities**
- **Children and aging population**
- **Relieve congestion**



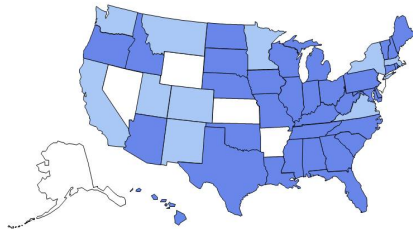
34.9%

of Americans are obese.

Benefits: Health

**Obesity Trends* Among U.S. Adults
BRFSS, 1990**

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



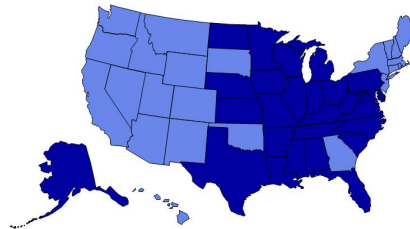
Legend: No Data, <10%, 10-14%



Source: Behavioral Risk Factor Surveillance System, CDC.

**Obesity Trends* Among U.S. Adults
BRFSS, 1995**

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



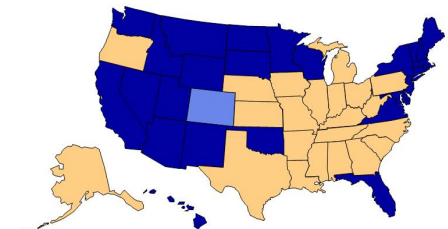
Legend: No Data, <10%, 10-14%, 15-19%



Source: Behavioral Risk Factor Surveillance System, CDC.

**Obesity Trends* Among U.S. Adults
BRFSS, 2000**

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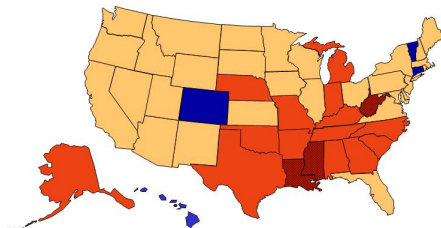
Legend: No Data, <10%, 10-14%, 15-19%, $\geq 20\%$



Source: Behavioral Risk Factor Surveillance System, CDC.

**Obesity Trends* Among U.S. Adults
BRFSS, 2005**

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



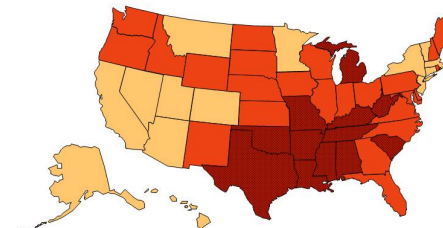
Legend: No Data, <10%, 10-14%, 15-19%, 20-24%, 25-29%, $\geq 30\%$



Source: Behavioral Risk Factor Surveillance System, CDC.

**Obesity Trends* Among U.S. Adults
BRFSS, 2010**

(*BMI ≥ 30 , or ~ 30 lbs. overweight for 5' 4" person)



Legend: No Data, <10%, 10-14%, 15-19%, 20-24%, 25-29%, $\geq 30\%$



Source: Behavioral Risk Factor Surveillance System, CDC.

Smart Growth America and National Complete Streets Coalition



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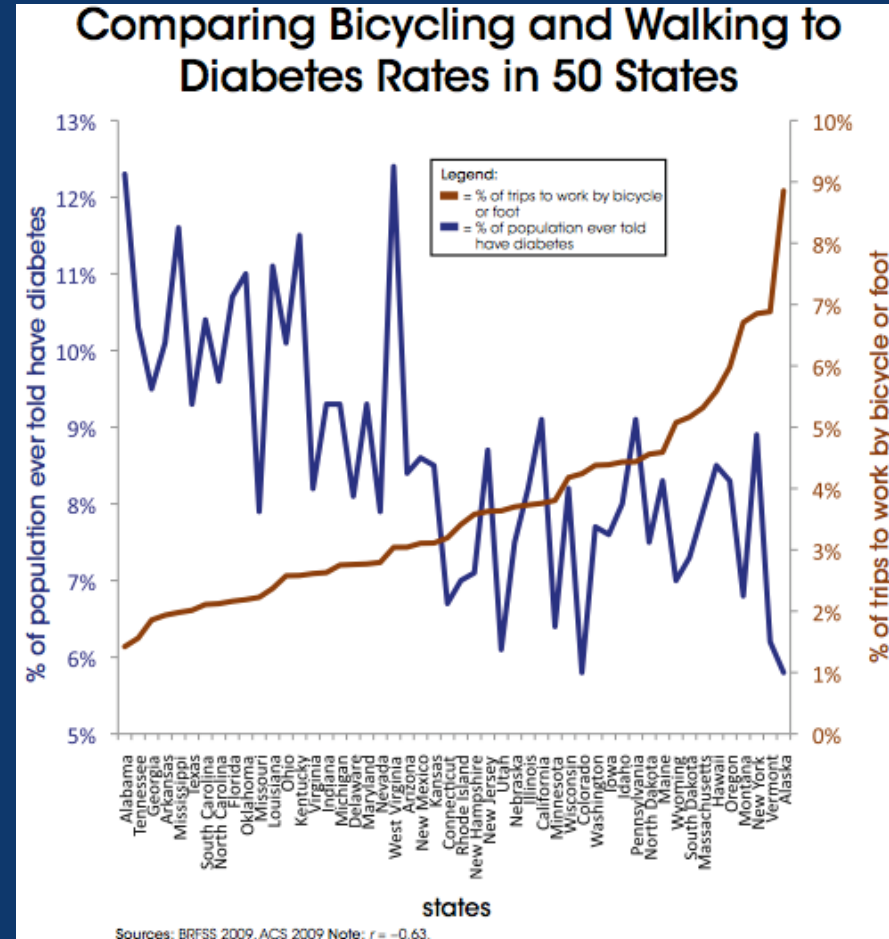
National Complete Streets Coalition



Complete Streets

Benefits: Health

States with the lowest levels of biking and walking have, on average, the highest rates of obesity, diabetes, and high blood pressure.



Sources: BRFSS 2009, ACS 2009 Note: $r = -0.63$.



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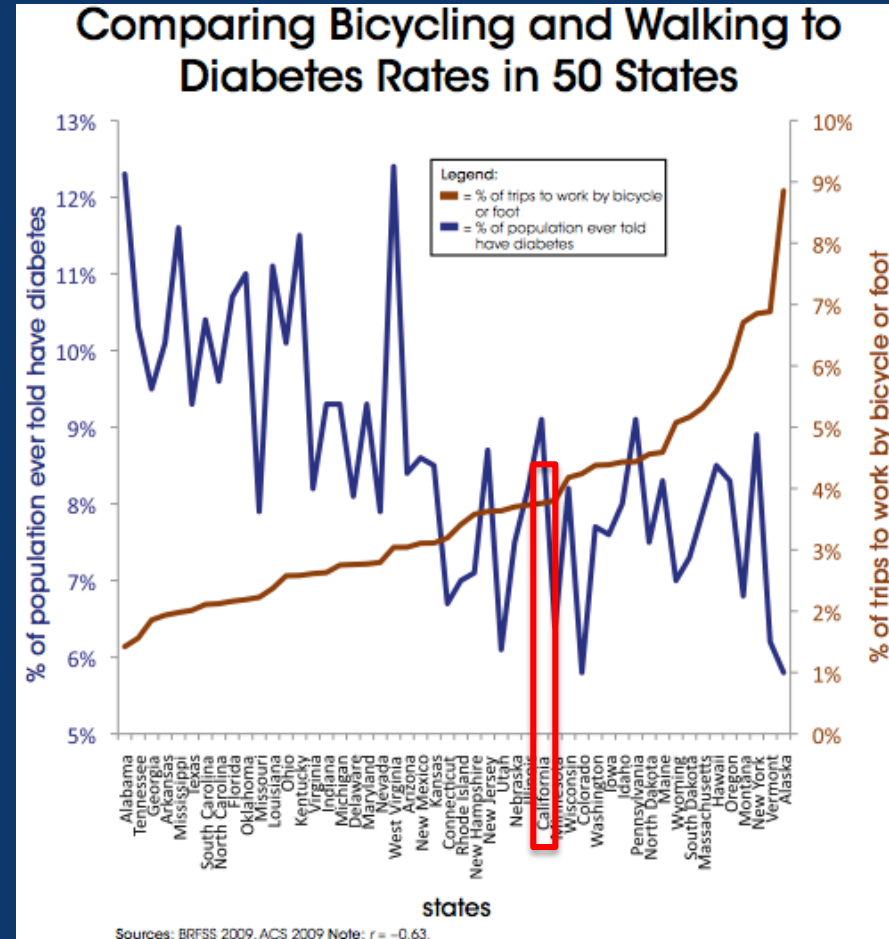
National Complete
Streets Coalition



Complete Streets

Benefits: Health

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Sources: BRFSS 2009, ACS 2009 Note: $r = -0.63$.



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Benefits: Safety

There were 32,719 traffic fatalities in the U.S. in 2015.
Of these fatalities:

- **23,303** were people in cars
- **4,735** were people walking
- **743** were people on bicycles

National Highway Traffic Safety Administration: Fatality Analysis Reporting System 2015



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Safety Benefits

- * Sidewalks reduce pedestrian crashes 88% (FHWA)
- * Shoulders reduce pedestrian crashes 71% (FDOT)
- * Medians reduce crashes 40% (NCHRP)
- * Road diets reduce crashes 18 – 49% (ITE)
- * Countdown signals reduce crashes 25% (FHWA)



2.1%

of federal transportation dollars go to biking and walking infrastructure, but **11% of trips and 14% of fatalities** occur within those modes of travel.

Complete Streets

Design Elements



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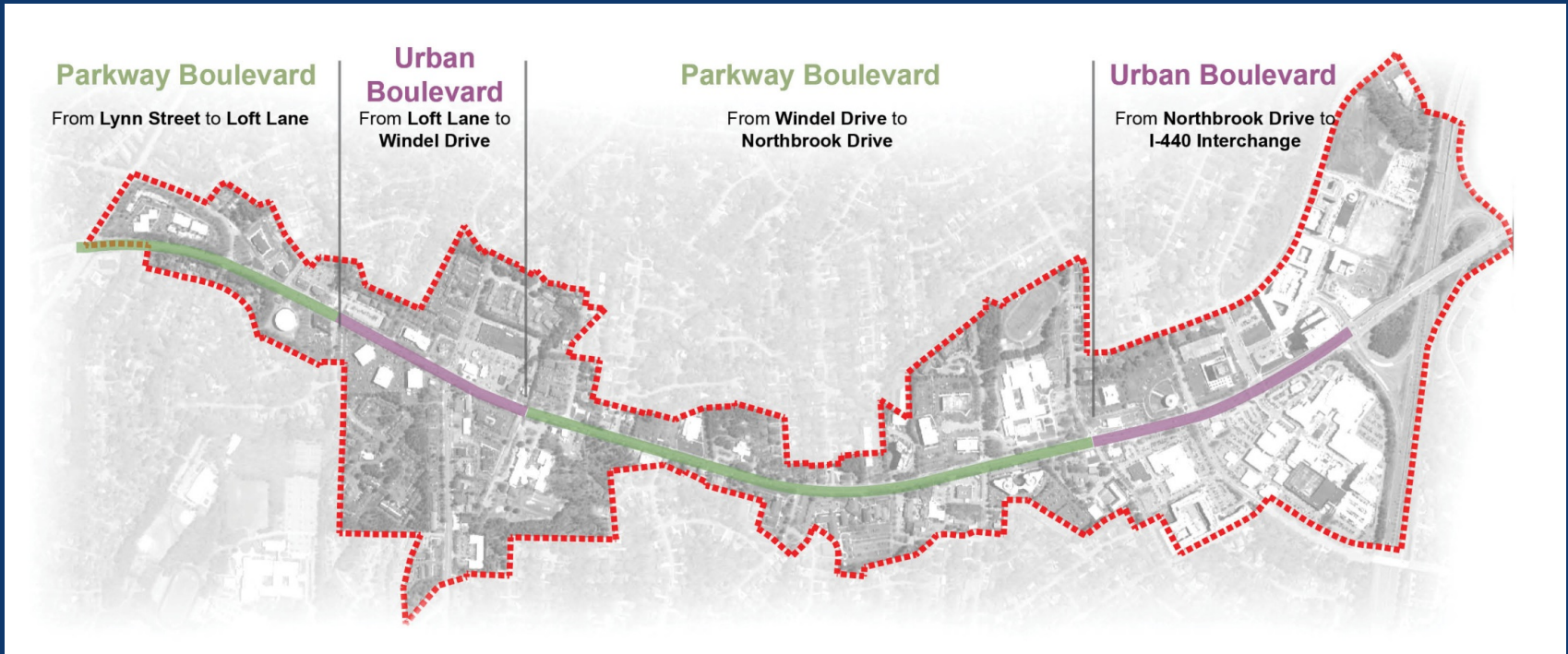
Complete Streets:

“It’s a process, not a product” - MMR

- ✓ Define Success
- ✓ Prioritize Modes
- ✓ Define Design Features/Limitations
- ✓ Make Tradeoffs
- ✓ Design in detail
- ✓ Measure Success



Area Context



Area Context



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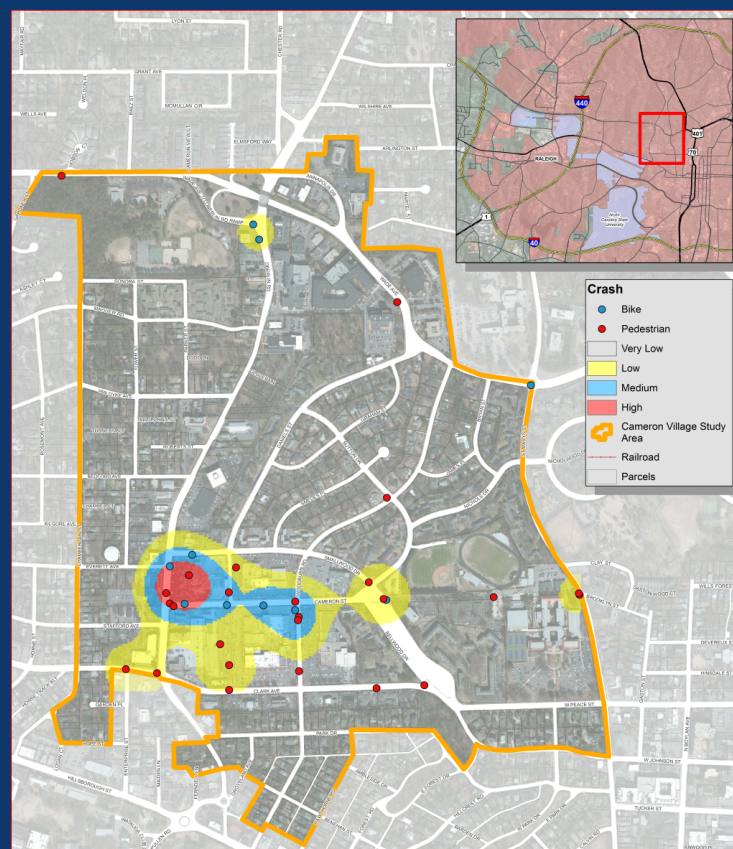
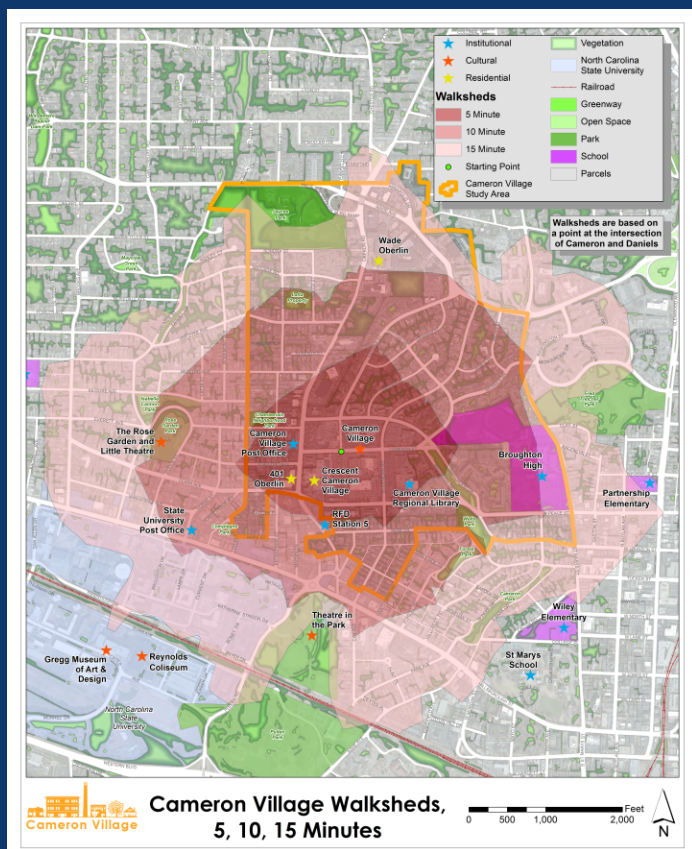


National Complete Streets Coalition



Complete Streets

Walksheds and Bike/Ped Crashes



Lighting



WHY

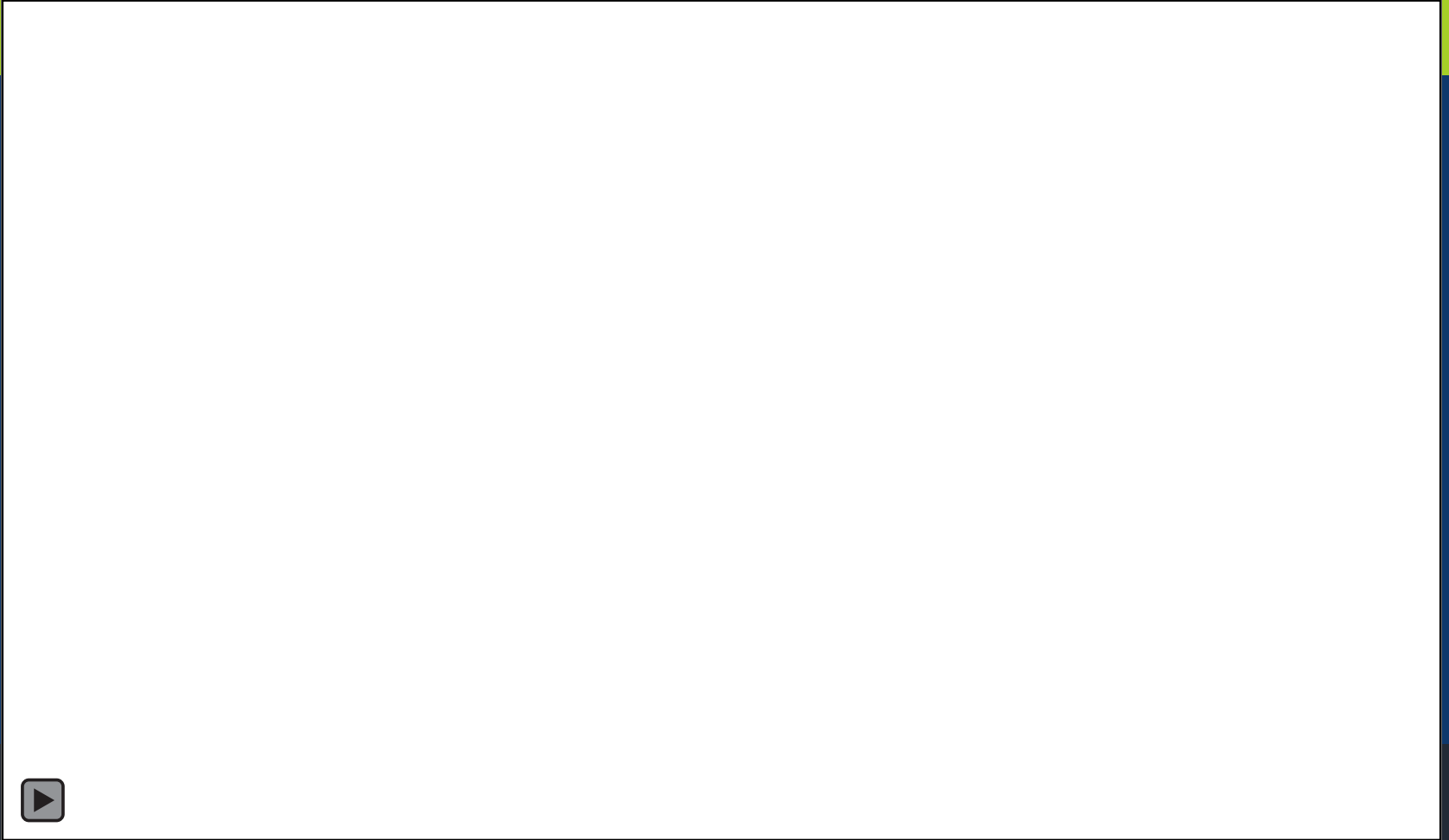
SECURITY MATTERS TO US

When we talk to people, they tell us all about their places. We tend to tune out the parts we don't want to hear, or that we can't address, or that aren't part of the scope. Big Mistake.

Start Listening.

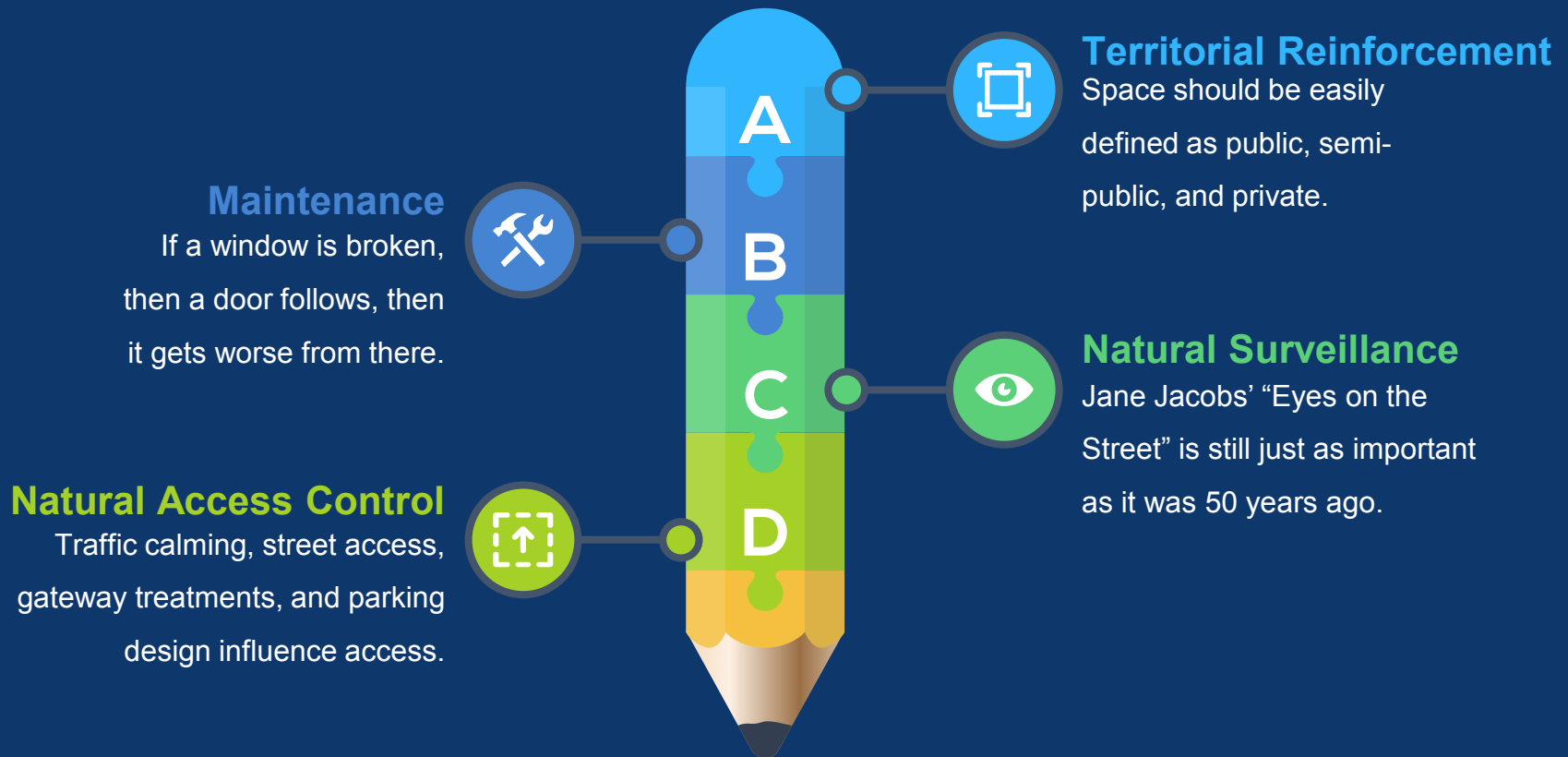
“Complete Streets don't deserve the name if they aren't safe for people to use.”

WHY



Principles of CPTED

Crime Prevention through Environmental Design





Not just lighting

There's more to lighting than you think.

Pattern, illumination source, and placement make a big difference in the result.



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Complete Streets



Not Just lighting

But there's more to lighting than you think.

Pattern, illumination source, and placement make a big difference in the result.

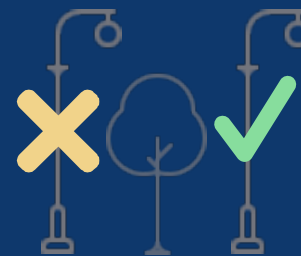




Not just lighting

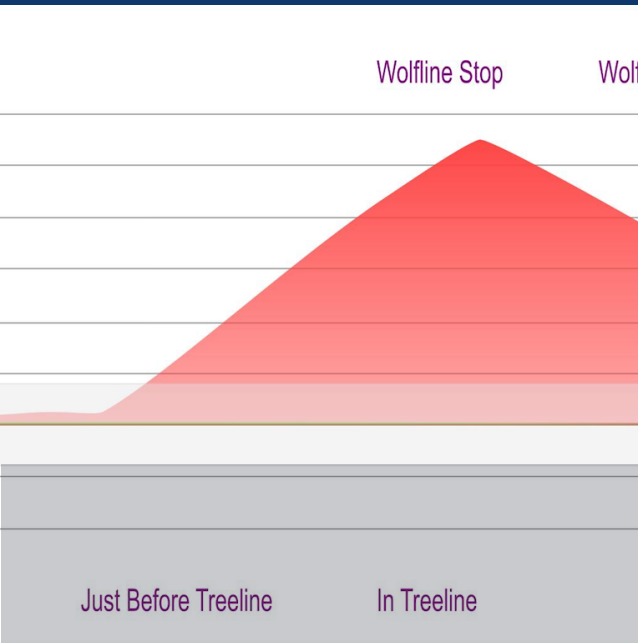
There's more to lighting than you think.

Pattern, illumination source, and placement make a big difference in the result.



Making a Difference

North Carolina State University
Western Boulevard Complete Street Study



Lighting Inventory



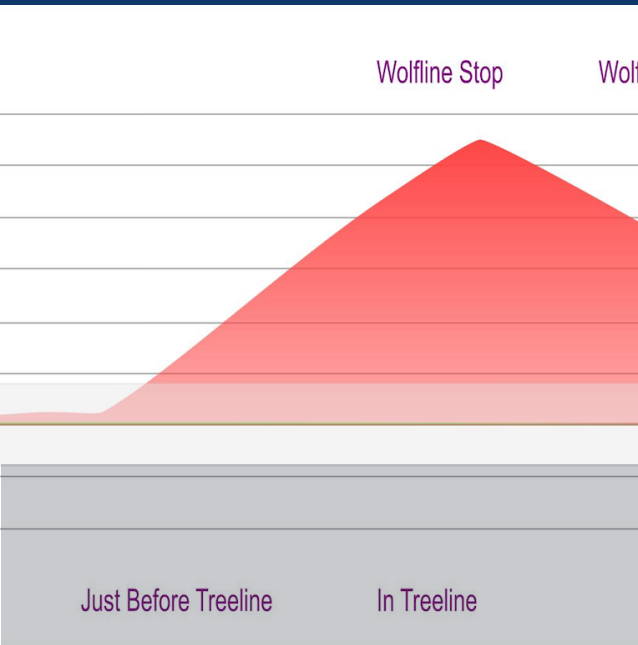
Intercept Survey



Influence on the Ultimate Design

Making a Difference

North Carolina State University



Lighting Inventory

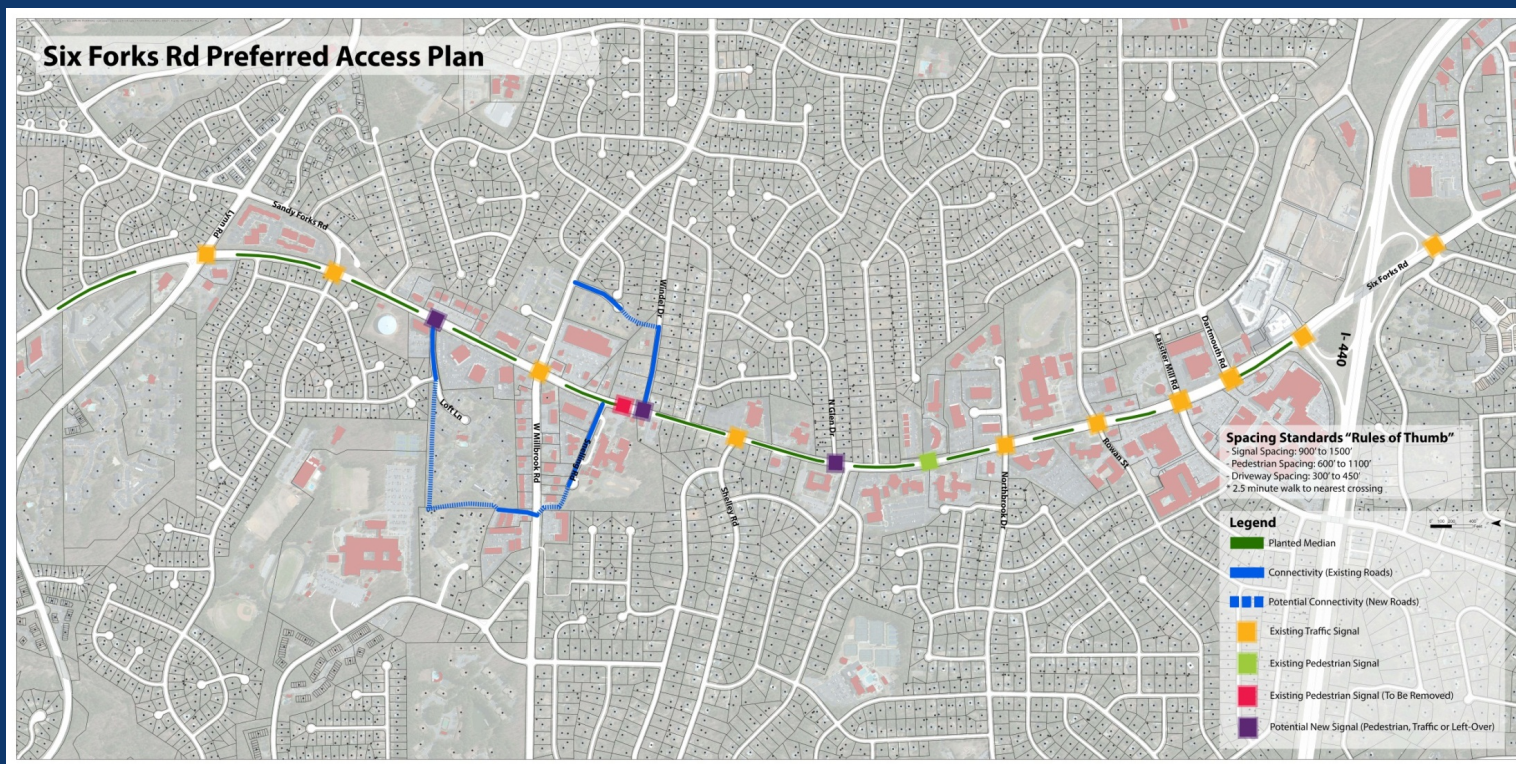


Intercept Survey



Influence on the Ultimate Design

How does it all work together?



Traffic, Traffic, Traffic!

Six Forks Road & Lynn Road												
AM												
No Build												
Direction	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left
Volume	92	236	124	113	92	216	124	113				
95th Percentile Queue (ft)	117	362	225	173	58	149	158	146				
Average Queue (ft)	97	169	111	95	20	82	87	75				
Left Turn Lane LOS	F	F	E	E	F	F	E	E				
Approach LOS (Through Movements)	E	E	E	D	D	E	E	E				
Approach Delay (Turn Movements)	100.8	103.6	68.4	72.4	68.3	87.7	57.2	67.9				

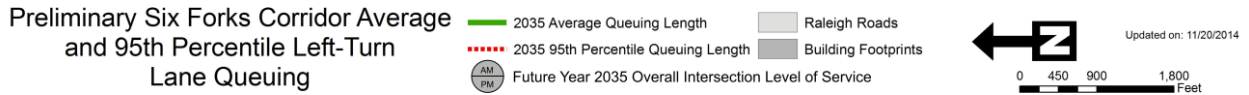
Six Forks Road & Millbrook Road												
AM												
No Build												
Direction	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left
Volume	149	110	177	153	149	110	177	153				
95th Percentile Queue (ft)	302	253	298	486	267	210	292	336				
Average Queue (ft)	166	67	157	290	106	82	153	232				
Left Turn Lane LOS	F	E	F	F	F	D	E	F				
Approach LOS (Through Movements)	D	F	F	F	D	E	F	F				
Approach Delay (Turn Movements)	100.2	62.8	129.2	173.4	141.7	66.3	133.8	150				

Six Forks Road & Lassiter Mill Road												
AM												
No Build												
Direction	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left
Volume	164	77	323	19	164	77	323	19				
95th Percentile Queue (ft)	180	222	586	50	162	372	1000	53				
Average Queue (ft)	85	89	284	18	82	96	548	24				
Left Turn Lane LOS	F	F	F	F	F	F	F	F				
Approach LOS (Through Movements)	C	F	F	E	B	F	F	F				
Approach Delay (Turn Movements)	112.5	122.2	100.3	83.5	101.4	82.7	108.3	85.3				

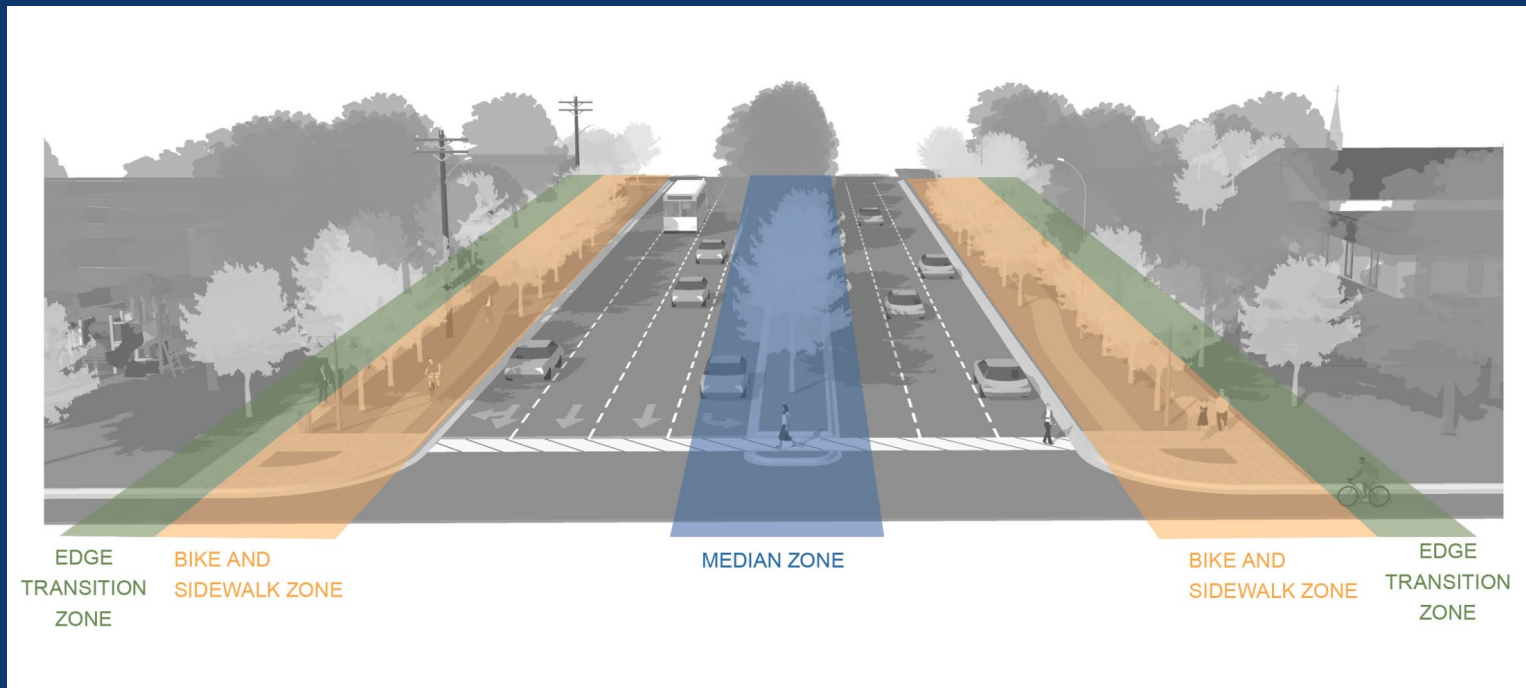
Six Forks Road & Lynn Road												
PM												
No Build												
Direction	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left
Volume	271	339	204	117	271	339	204	117				
95th Percentile Queue (ft)	424	808	980	222	202	298	272	123				
Average Queue (ft)	217	530	259	116	85	176	159	57				
Left Turn Lane LOS	F	F	F	E	F	F	D	D				
Approach LOS (Through Movements)	F	F	F	F	E	E	E	F				
Approach Delay (Turn Movements)	166.3	143.2	227.4	56.2	83.2	116.5	103.6	44.3				

Six Forks Road & Millbrook Road												
PM												
No Build												
Direction	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left
Volume	185	248	185	246	185	248	185	246				
95th Percentile Queue (ft)	271	483	346	560	294	333	341	360				
Average Queue (ft)	129	285	228	340	92	181	228	408				
Left Turn Lane LOS	F	F	F	F	F	F	F	F				
Approach LOS (Through Movements)	F	F	F	F	F	E	F	F				
Approach Delay (Turn Movements)	107	273.3	117.3	152.3	95.5	163.2	166.0	132.5				

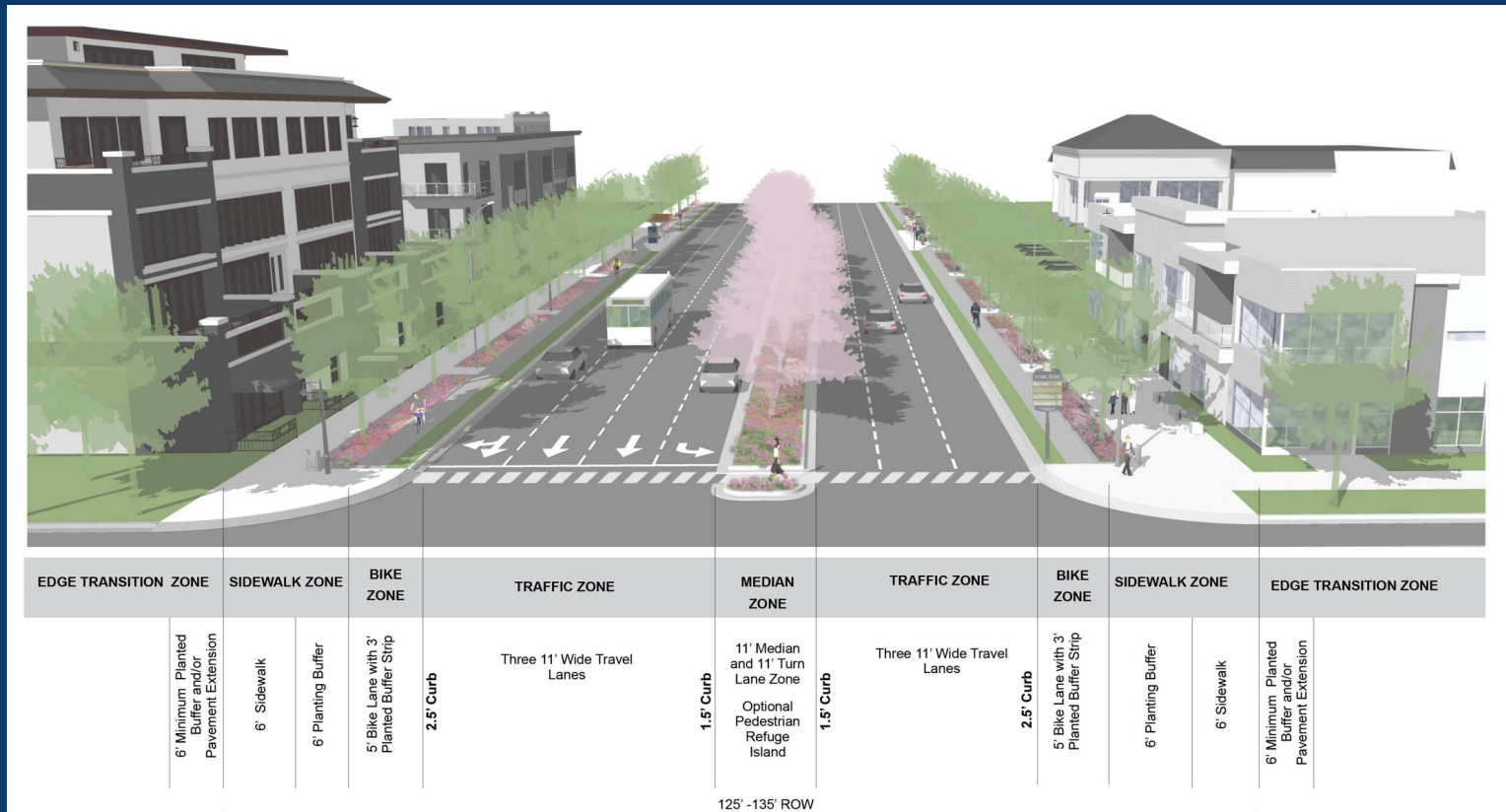
Six Forks Road & Lassiter Mill Road												
PM												
No Build												
Direction	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left	NB Left	SB Left	EB Left	WB Left
Volume	350	42	746	49	352	42	756	49				
95th Percentile Queue (ft)	250	149	838	124	188	241	835	109				
Average Queue (ft)	146	40	825	71	125	88	816	90				
Left Turn Lane LOS	F	F	F	F	F	F	F	F				
Approach LOS (Through Movements)	F	F	F	F	E	F	F	F				
Approach Delay (Turn Movements)	161.1	90.7	355.7	115.6	136.7	99.3	164	113.2				



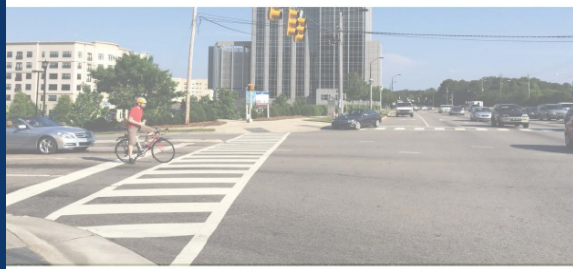
Corridor Transition



Corridor Cross-Section



Bicycle/Pedestrian



Smart Growth America
Improving lives by improving communities

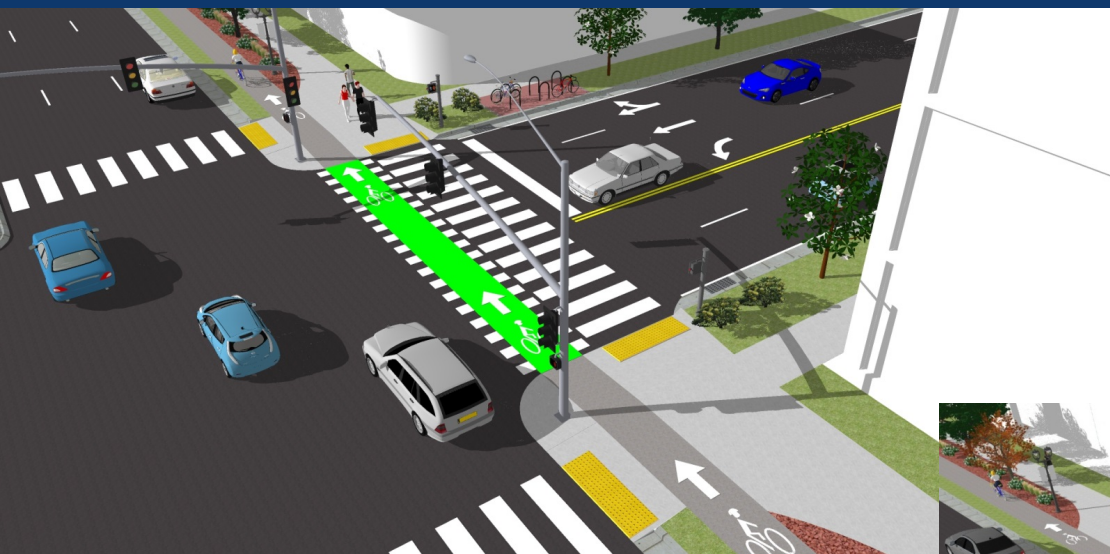


National Complete Streets Coalition



Complete Streets

Intersection Treatments



Major intersections



Minor Cross Streets



Edmonton Main Streets Guideline

Addition to the 2013 Complete Streets Guidelines (by Stantec)

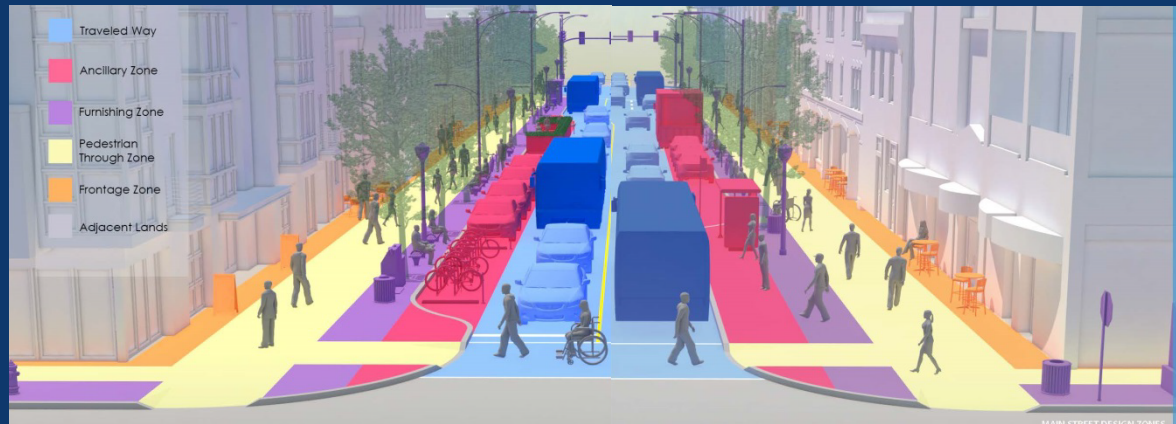
Outlines:

- Design Parameters for Main Streets
- Design Process
- Guidelines for Requirements for Main Street Design Elements

Edmonton Main Streets Guideline



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The Main Street right of way is divided into six design zones that provide different functionality for people accessing, spending time, and traveling through Main Streets. The following defines each Main Street Design Zone.

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This space provides an area for travelling through a Main Street area or to access Main Street destinations for people travelling by automobile and transit, and for the delivery of goods. In non-peak hours, some of this space may be used as an area for parking and loading and can also be closed at times to motor vehicles to host events and festivals.

Furnishings, Public Art, Streetscape



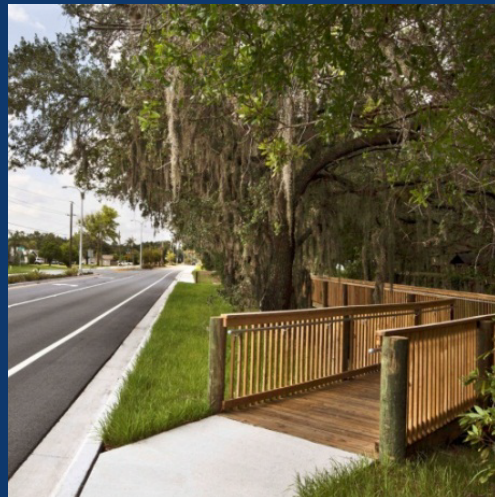
LID & Stormwater BMPs

**Example: Honore Avenue,
Sarasota, FL (2013)**

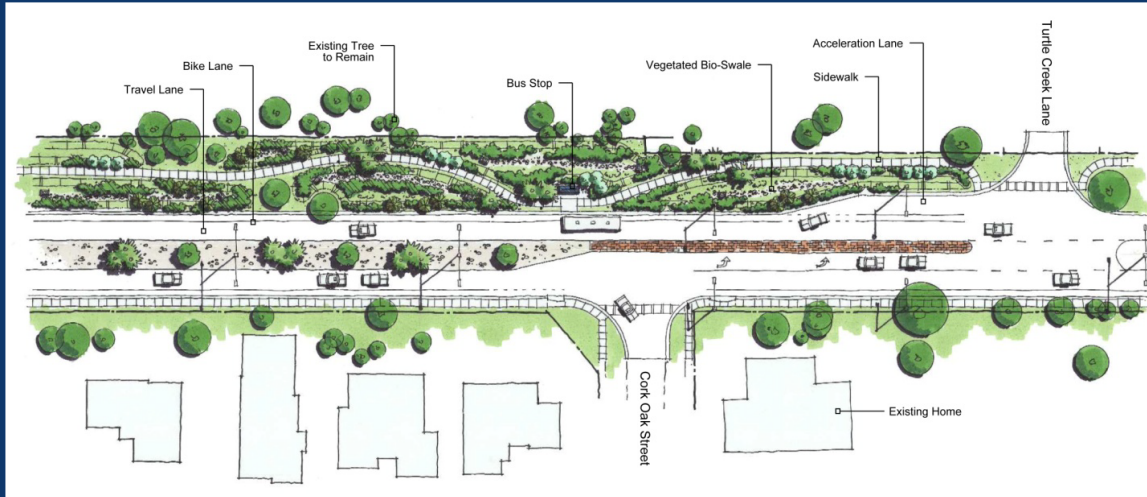
**Two-Lane vs. Four-Lane
Limited ROW**

**Needed better
connections to school and
parks**

**What to do with the water?
Save the Trees!**



The Idea Behind Stormwater



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Improving lives by improving communities



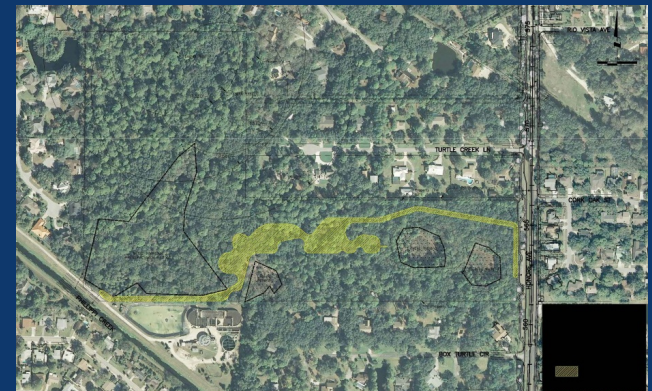
National Complete Streets Coalition



Complete Streets

Tradeoff Benefits

- Context-sensitive design and low impact development (LID) strategies **reduced floodplain impacts by 23.2 acre-feet**
- Saved **1000 mature trees**
- Buffered ped/bike facilities with **connections to school/parks**



Reduced Floodplain Compensation Area



Measuring Success

- **3X the area for bikes, pedestrians and streetscape**
- Consistent lanes, with only a 26% increase in asphalt roadway paving
- 10 new high quality bus shelters
- **52 high visibility crosswalks**
- Over 4 miles of grade separated bike lanes
- Over 4 miles of new wider sidewalks
- **Almost 8 million gallons of water quality treatment**
- Locations for over 700 canopy and flowering trees
- Over 3 acres of planted medians
- Plans for 10 neighborhood gateway
- **Measurable increase in LOS for cars, bikes, pedestrian and transit**



Final Thoughts...

- **It's a process, not a product**
- **Context Defined**
- **Prioritize modes**
- **There's always tradeoffs**
- **Intersection Design Exceptions**
- **Available Design Guidelines**
- **Measure your success!**



Funding 101 / Outreach



Emiko Atherton



Smart Growth America
Improving lives by improving communities



**National Complete
Streets Coalition**



Complete Streets

Complete Streets Costs

- Many Complete Streets improvements are modest in size and low cost.
- A Complete Streets approach means thinking ahead and thinking smart— and that can lead to decisions that save money and avoid costly mistakes.
- The incremental cost of features such as bicycle lanes and sidewalks are dwarfed by much bigger cost concerns, such as variable labor and materials costs

Simple, low-cost, high-impact



Simple Changes, Small Budgets

- restriping to narrow travel lanes and provide more room for bicycles and/or pedestrians;
- changing signal timing;
- installing refuge islands, medians, and curb extensions;
- restriping crosswalks to be more visible;
- installing temporary curbside plazas;
- adding pedestrian countdown signals;
- using on-street head-out angled parking, instead of parallel parking, to narrow wide, dangerous roadways.

Complete Streets = Funding Opportunities

- Complete Streets policies are necessary to safely accommodate existing users
- Complete Streets can be achieved within existing budgets.
- Complete Streets can lead to new transportation funding opportunities.
- Complete Streets add lasting value.

Funding Opportunities

- Multimodal planning and design can be an opportunity rather than a constraint.
- Complete Streets projects can make transportation projects more popular and garner more support for transportation funding.
- A multimodal design can make projects more competitive for some federal, state, and regional funding opportunities.

Federal Funding

Pedestrian and Bicycle Funding Opportunities U.S. Department of Transportation Transit, Highway, and Safety Funds

Revised August 12, 2016

This table indicates potential eligibility for pedestrian and bicycle projects under U.S. Department of Transportation surface transportation funding programs. Additional restrictions may apply. See notes and basic program requirements below, and see program guidance for detailed requirements. Project sponsors should fully integrate nonmotorized accommodation into surface transportation projects. Section 1404 of the Fixing America's Surface Transportation (FAST) Act modified 23 U.S.C. 109 to require federally-funded projects on the National Highway System to consider access for other modes of transportation, and provides greater design flexibility to do so.

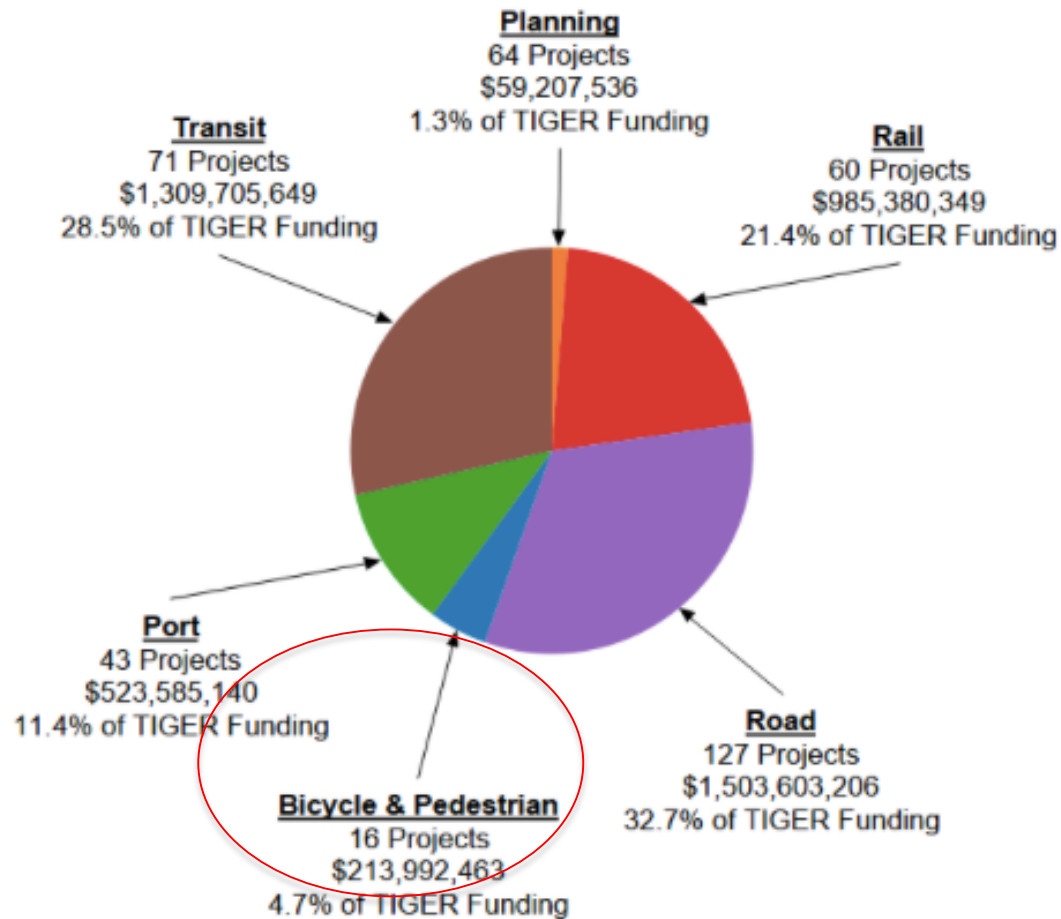
Key: \$ = Funds may be used for this activity (restrictions may apply). \$* = See program-specific notes for restrictions. ~\$ = Eligible, but not competitive unless part of a larger project.															
Activity or Project Type	Pedestrian and Bicycle Funding Opportunities U.S. Department of Transportation Transit, Highway, and Safety Funds														
	TIGER	TIFIA	FTA	ATI	CMAQ	HSIP	NHPP	STBG	TA	RTP	SRTS	PLAN	NHTSA 402	NHTSA 405	FLTPP
Access enhancements to public transportation (includes benches, bus pads)	\$	\$	\$	\$	\$		\$	\$	\$						\$
ADA/504 Self Evaluation / Transition Plan								\$	\$	\$		\$			\$
Bicycle plans			\$					\$	\$		\$	\$			\$
Bicycle helmets (project or training related)								\$	\$SRTS		\$		\$*		
Bicycle helmets (safety promotion)								\$	\$SRTS		\$				
Bicycle lanes on road	\$	\$	\$	\$	\$	\$	\$	\$	\$		\$				\$
Bicycle parking	~\$	~\$	\$	\$	\$		\$	\$	\$	\$	\$				\$
Bike racks on transit	\$	\$	\$	\$	\$			\$	\$						\$
Bicycle share (capital and equipment; not operations)	\$	\$	\$	\$	\$		\$	\$	\$						\$
Bicycle storage or service centers at transit hubs	~\$	~\$	\$	\$	\$			\$	\$						\$
Bridges / overcrossings for pedestrians and/or bicyclists	\$	\$	\$	\$	\$*	\$	\$	\$	\$	\$	\$				\$
Bus shelters and benches	\$	\$	\$	\$	\$		\$	\$	\$						\$

TIGER Funding

- The Transportation Investment Generating Economic Recovery, or TIGER Discretionary Grant program, provides a unique opportunity for the DOT to invest in road, rail, transit and port projects that promise to achieve national objectives.
- Since 2009, Congress has dedicated nearly \$4.6 billion for seven rounds of TIGER to fund projects that have a significant impact on the Nation, a region or a metropolitan area.

Source (USDOT)

TIGER Funding



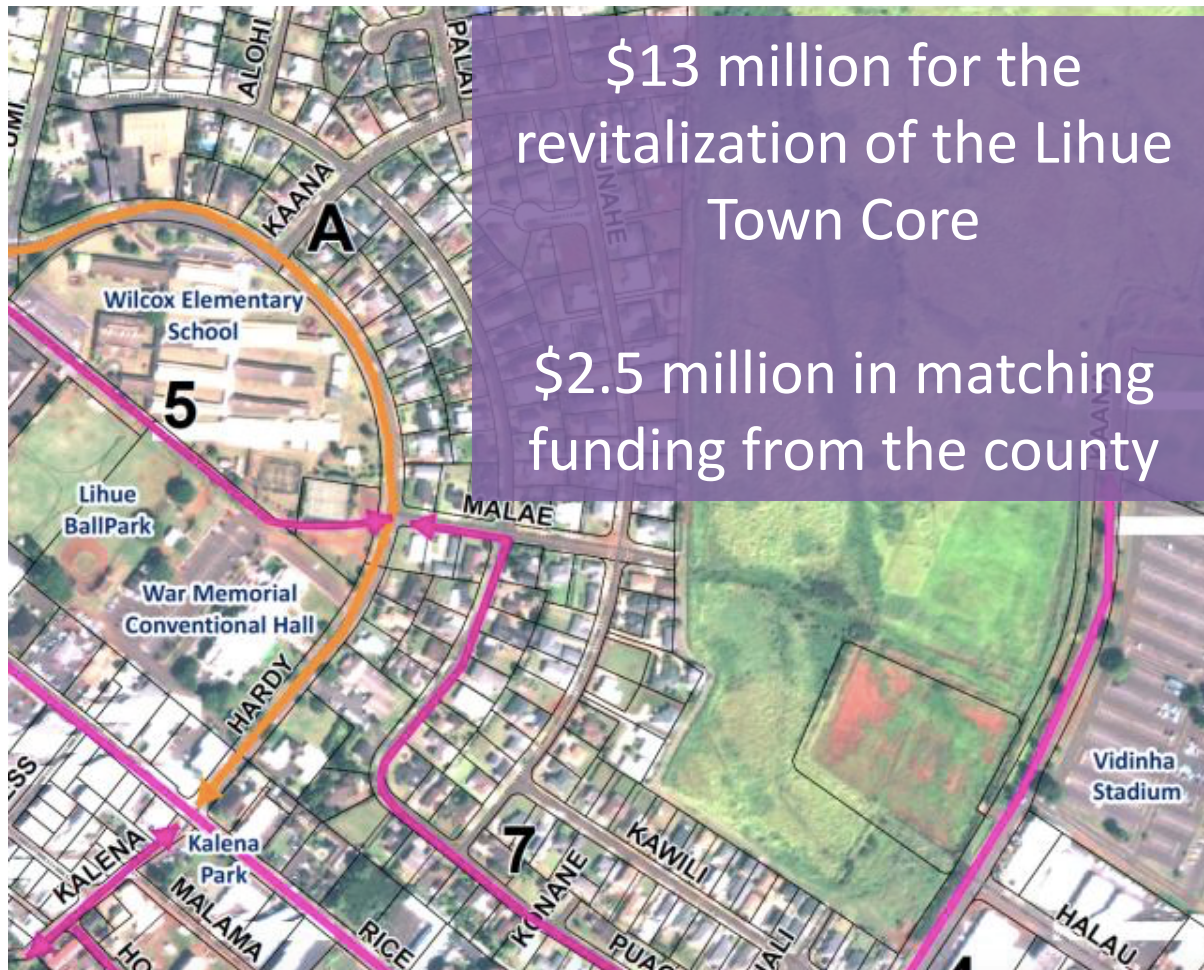
TIGER: Dahlonega, GA



- Gaps in sidewalk network
- Adds better crossing
- Introduces bicycle facilities

5.1 million awarded in 2014 for
Downtown Dahlonega Complete
Streets Corridor Improvements


TIGER: Kauai, HI



LIHU'E TOWN CORE MOBILITY & REVITALIZATION



0 245 490 Feet

 PROJECTS IN PROGRESS (No TIGER funding)

- A. Hardy Street
- B. 'Umi Street
- C. Haleko Street
- D. Ho'olako - Rice Shared Use Path

 TIGER PROJECT

1. 'Eiwa S

[Donate](#)

TIGER: Mobile, AL

Reconnecting Mobile

🚗 One Mobile: Reconnecting People, Work and Play Through Complete Streets 🚲



City of Mobile awarded \$14.5 Million Federal Grant to Connect Citizens to Jobs

Safe Routes to Schools



Surface Transportation Block Grants

- Formally TAP (Transportation Alternatives Program) grant.
- Federal funding for programs and projects defined as *transportation alternatives*.

Year	2016	2017	2018	2019	2020
Authorization	\$835 M	\$835 M	\$850 M	\$850 M	\$850 M

Other Sources of Funding

- Metropolitan Planning Organizations
- CMAQ
- Federal Transit Administration (FTA)
- Community Development Block Grants
- Main Street Programs
- Local funding strategies (bond measures, sales and property tax, business improvement districts, tax increment financing)

The image features two large, thick black L-shaped brackets. One is positioned in the top-left corner, and the other is in the bottom-right corner. They are oriented towards each other, framing the central text.

OUTREACH 101




Northeast Area Study
www.NEAreaStudy.com


Facebook

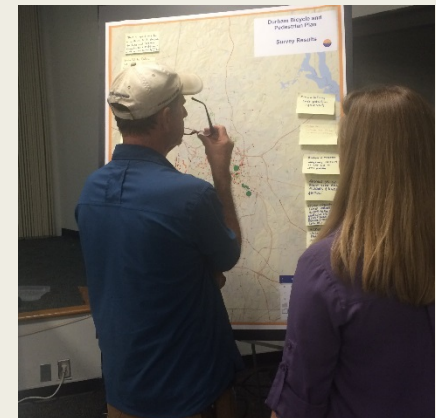
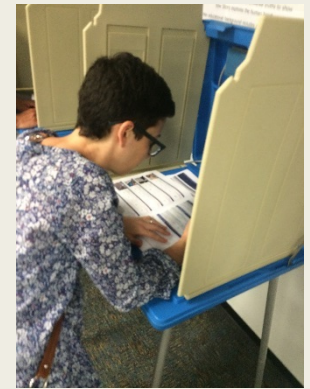
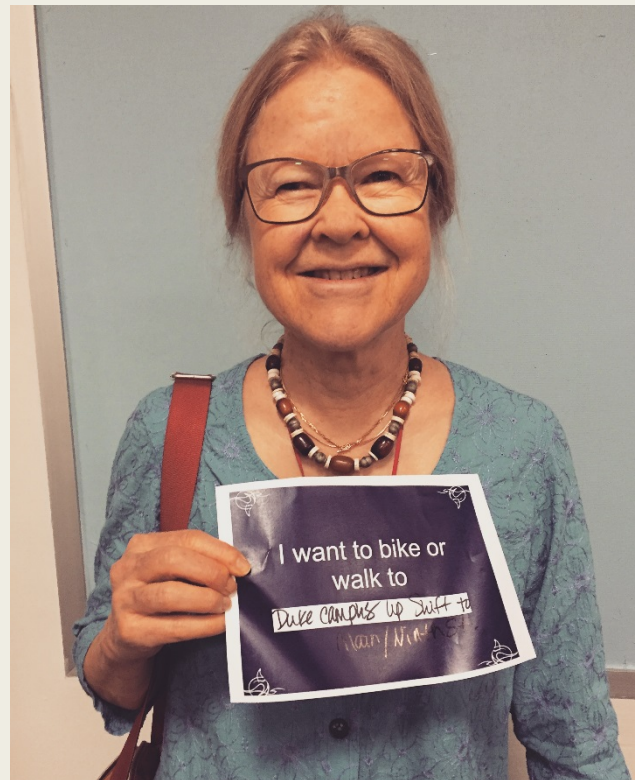
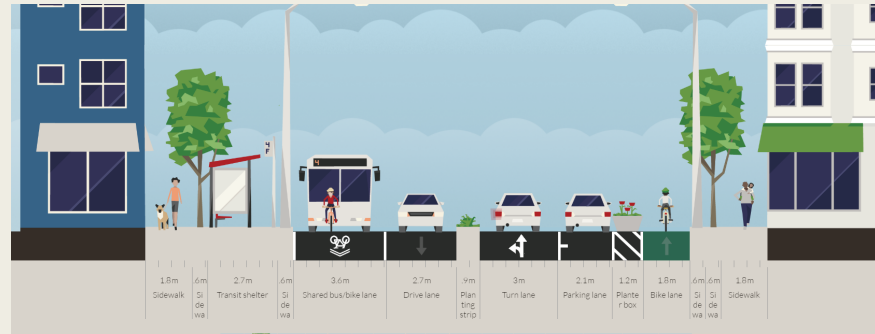



Website



Project Symposiums/Workshops

- Interactive Polling
- StreetMix
- Tablet Surveys



Traveling Roadshows

- Host interactive booths at festivals/events



Small Group Interviews

- Reach out to interest groups to solicit input
- In person or phone call

One on One Interviews

- Engaging discussions
- Specific topics and questions

Project Advisory Committees

- Mix of staff, elected officials, retail owners, emergency services, school administration, parks & recreation, citizens.
- Interactive
 - *Discussions, mapping activities, tours/walks*
- Never boring!



Charrette

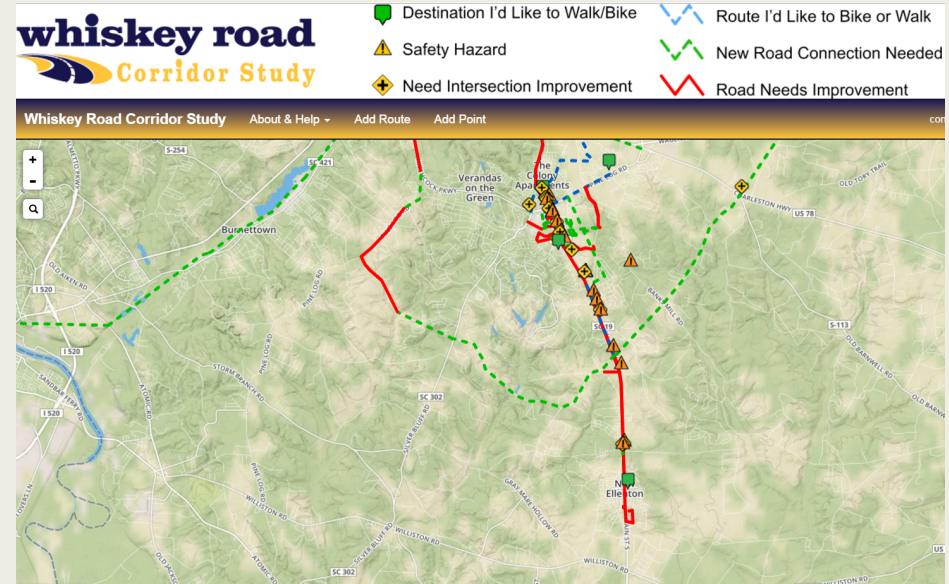
- Work Collaboratively
- Work in Detail
- Use design to create a shared vision & create holistic solutions
- Deliverable produced at the end of the session

	Monday	Tuesday	Wednesday	Thursday	Monday
8:00	X	Breakfast	Breakfast	Breakfast	X
9:00		9:00 Interest group meetings and interviews	9:00 Interest group meetings and interviews	DESIGN	
	11:00 Set Up Design Studio and Overview by Local Staff				
12:00	Lunch	Lunch	Lunch	Lunch	
1:00	1:00 Tour of the Study Area	1:00 Interest group meetings and interviews	DESIGN	DESIGN	
	3:00 Market Study Overview		DESIGN	DESIGN	
5:00	Dinner with Stakeholder Committee	5:30 Pin-Up Session and Project Update	5:30 Pin-Up Session and Project Update	5:30 Pin-Up Session and Project Update	
6:00		Dinner	Dinner		
7:00	Opening Presentation & Facilitated Design Session	7:00 Interest group meetings and interviews	7:00 Interest group meetings and interviews	X	Reception and Closing Presentation



WikiMapping

- Interactive Mapping Platform
- Spatial results (Arc)



Project Websites

- Platform for providing up-to-date information and links to surveys/mapping activities



Social Media

- Facebook, Twitter, Instagram, Local Aps
- Live discussions, collaboration, cost efficient

Surveys

- SurveyMonkey, QuestionPro,
- Gather information from direct and open ended questions.
- Gather demographics

WALK FAYETTEVILLE

100%

[Back](#) [Exit Survey](#)

Do you walk along streets or greenway trails in Fayetteville?

Yes

No

Have you decided to not walk somewhere in Fayetteville at one time due to lack of sidewalks, unsafe crossings and/or high traffic volumes and speeds?

Yes

No

How often do you walk for each purpose? (Select all that apply?)

Between home and work

Between home and school

To get to and from the bus stop

Recreation/Exercise

To run errands or shop

To get to a recreational place

Online Engagement (MindMixer/mySidewalk)

- Interactive
- Change topics often to keep interests alive

Story Map

- Dynamic visualization tool that combines a web map and other presentation quality graphics and multimedia content



Telephone Survey (Robocall)

- Inexpensive
- Fast responses

Newsletters

- Up-to-date information
- Work with schools, churches, civic organizations to distribute

<p>▶ THE PROJECT A review of existing and future issues on and around roadways to identify real solutions that manage the demand for and supply of transportation</p>	<p>▶ GOALS Making Mt. Juliet ready for its future by creating safe, reliable, multimodal transportation options, considering everything from land use to financing</p>	<p>▶ YOUR SAY The results of our survey, and how you can get involved in April to see our preliminary ideas at an open house event</p>
<p>WORK WE HAVE ACCOMPLISHED (SO FAR)</p> <p>Completed Public Survey Conducted the first Open House Held Steering Committee Meetings Completed Deficiency Assessment Created Catalyst Sites Prepared Project Recommendations, Mapping and Preliminary Cost Estimates Updated the Website a Few Times Held a Bike & Ped Review Meeting</p>		
<p>WORK COMPLETED this page</p> <p>We've been busy preparing draft recommendations based on your ideas.</p>	<p>SURVEY SUMMARY page 3</p> <p>One infographic to rule them all.</p>	
<p>CATALYST SITES page 2</p> <p>How land impacts traffic, and crashes, and everything.</p>	<p>OPEN HOUSE page 4</p> <p>Your say keeps happening - come join us on April 11th for the big reveal.</p>	

526 PEOPLE 20 QUESTIONS 1 SUMMARY

results of our public survey - thank you!

5 Minute Break



Project Development/ Review Process



Mike Rutkowski, P.E., AICP

Topics Covered:

- **Embracing Complete Streets in the planning process**
- **Project scoping, checklists; burden of proof; assuming all needs must be accommodated**
- **Reviewing Santa Clara's project review process**



Holistic Project-Development Process

Existing and future conditions

1. Define land use context

2. Define transportation context

Goals and objectives

3. Identify deficiencies

4. Describe who you are trying to serve

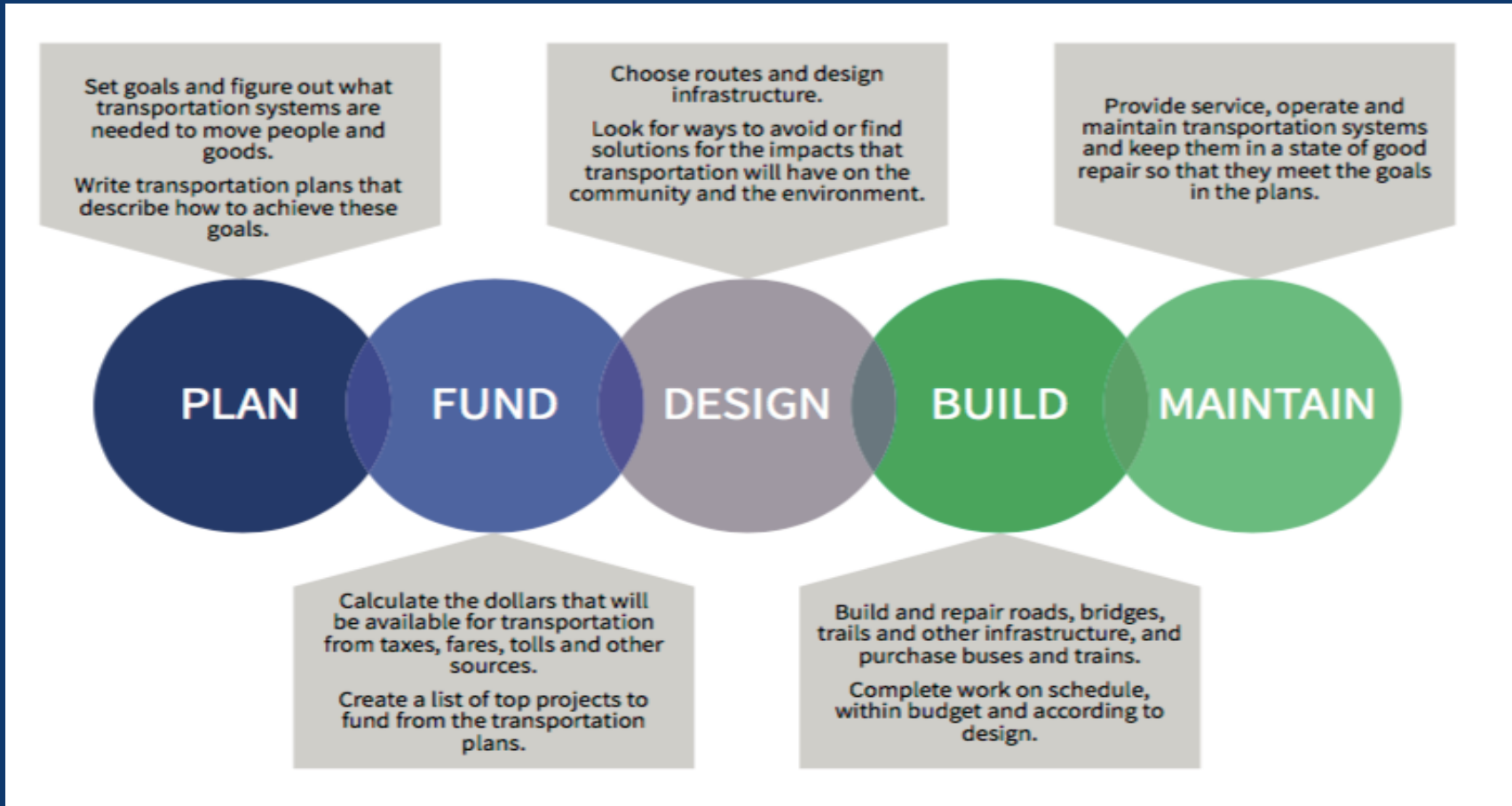
Decision-making

5. Define street type and Modal Priorities

6. Describe trade-offs and select cross-section



Choices are made in each stage...



Scope – Establish Purpose and Need

- Clearly answer “Why do we need the project?” without making design choices
- Describe how each alternative will:
 - Affect all users – Who wins? Who loses?
 - Reflect land use/community context
 - Meet broader plans, visions, goals
- Assume presence of walking, bicycling, & transit patrons, of all ages and abilities
- Choose measures of success



Scope – Reversed ‘Burden of Proof’

Assume facilities for all users with limited exceptions:

- No expected users = no need now or in the future,
- Costs disproportionately high relative to need/goals, or
- Avoid “Build it and they will come” mentality



Rural, homogeneous land use; no sidewalk needs *now or in the future*



Slow speed, no need for bike lanes



Fund

- **Use all available sources**
 - **Federal/State: STP, HSIP, CMAQ, TAP, 402, TIGER**
 - **Local: property & sales taxes, bonds, user fees, development fees, grants, PPPs, discretionary budgets, etc.**
- **Have a capital plan**
 - **Coordinate with ADA transition, pavement management, master plans, etc.**
- **Robust ROI analysis that includes impacts all users, on other sectors**



Plan

- **Begin discussion of specific design elements**
- **Use your design resources (NACTO)**
- **Understand who you are trying to serve!**
- **Additional opportunities for community engagement – “Build Advocacy”**
- **Include design staff in plan process**
- **Go to site and observe how people use it**



Design

- Final decisions for specific design elements
- Include planning staff in design process
- Go to site and observe how people use it
 - Prioritize Modes
 - Identify Tradeoffs
 - Design in Detail
 - Minimize C/G displacement

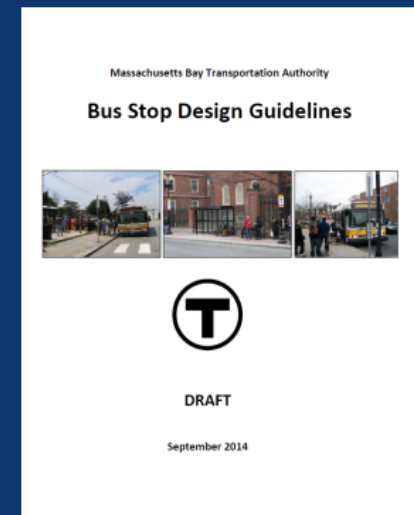
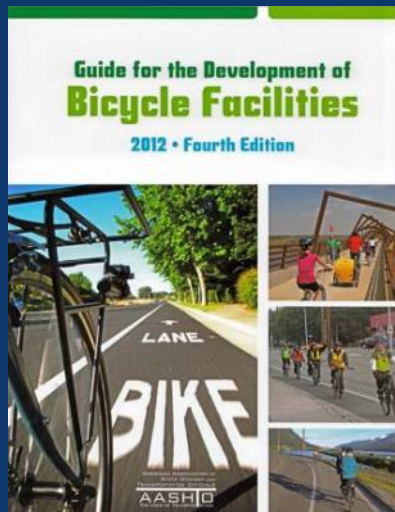
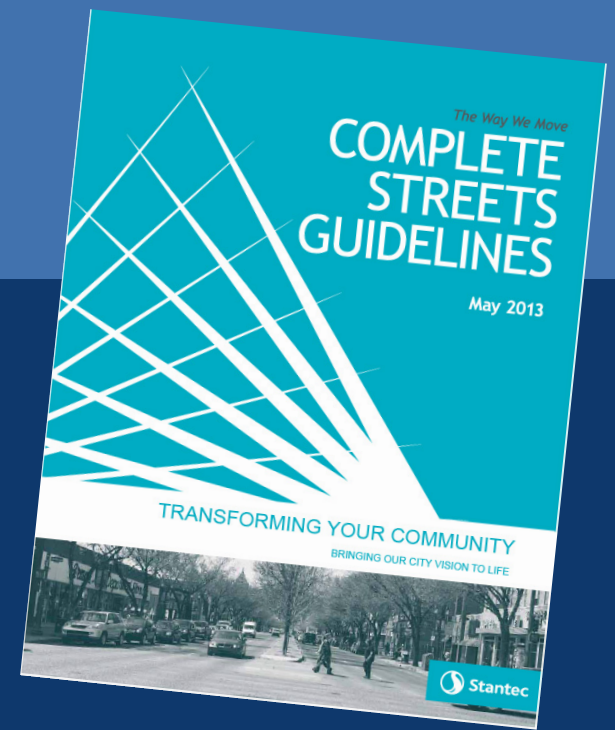
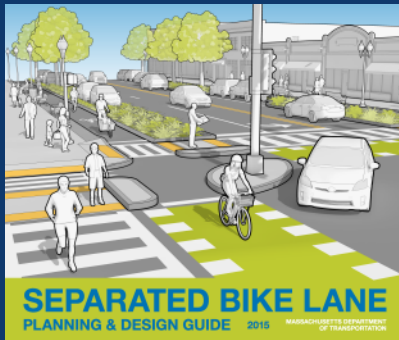




Design Guidance



Design Guidance



Smart Growth America
Improving lives by improving communities



National Complete Streets Coalition



Complete Street Guidelines

Evidence-based design tailored to local conditions

Element Description

4.3.6 Cycle Tracks

Description
A cycle track is an exclusive bike facility that combines the user experience of a separated path with the on-street infrastructure of a bike lane. A cycle track is physically protected from motor vehicle traffic and distinct from the sidewalk. Protection methods include on-street parking, raised median curbs, or a raised cycling surface.
By separating bicyclists from motor vehicle traffic and pedestrians, cycle tracks can offer a higher level of comfort than *Bike Lanes* or *Shared Use Paths* and are attractive to a wide range of the public.

Best on Roadways with:

- > 10,000 vehicles/day¹
- >50km/h speed limit
- Frequently congested roadways
- High Truck Volume streets
- High Transit volumes
- Extra available roadway width
- Best on the left side of a one-way road

Driveway and Intersection Crossings
Crossings of driveways and intersections are a challenge for cycle track design. Strategies to mitigate potential crossing conflicts include:

- Reduce the density of driveways and simplify movements through access management.
- Prohibit parking 10-15 m in advance of the crossing.
- Sidewalk furnishings should accommodate a sight triangle of 3.0 - 6.0 m from a crossing.
- Colored pavement and yield signs should be used to identify the conflict areas.

Application Context

Application Context: Land Use, Street Type and Orientation

- City wide bike routes on the **Bike Network**
- This facility type is most likely to be installed on **Arterial** streets with high motor vehicle volumes and speeds.
- On **Transit Network** streets consider integration with bus stops. See **Transit Integration with Cycle Tracks**

Bikeway facility selection should be based on an analysis of roadway volumes and speed and other local characteristics.

Design Details and Dimensions
Cycle tracks generally require wider dimensions than *Bike Lanes*, to provide a higher level of comfort and separation, to permit bicyclists to pass one another. Consider the placement of utilities when designing bike facilities with physical separation and the access to fire hydrants.

One-Way Cycle track through zone:

- Standard width: 2.1² m

Cycle track buffer zone:

- Standard adjacent to parking: 1.0 m
- Standard adjacent to travel lane: 0.5 m (1.0 m preferred for snow storage).

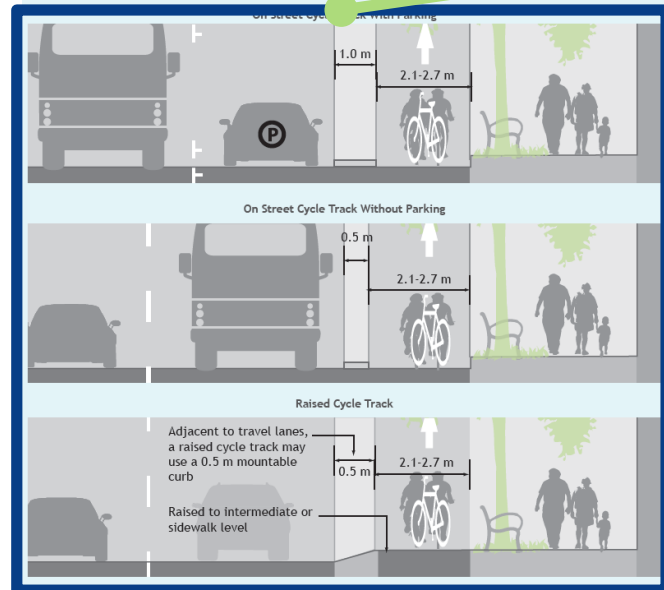
Two-Way Cycle Track:
Application best on one way streets. This is similar to a *Shared-Use Path Adjacent to Roadways*. See the *NACTO Urban Bikeway Design Guide* for details.

Two-way cycle tracks function best on the left side of one-way streets.

Raised Median Curb Protection

- Consider bicycle compatible curb profiles to minimize conflict with pedals and maximize rideable surface.

Cross-sections



Snow Removal and Maintenance Considerations
City of Edmonton practices for snow removal on bike facilities are currently under review. On cycle tracks the expectation is that snow windrows will be cleared away and not remain on the cycle track.¹

References
Bikeway Traffic Control Guidelines for Canada, 2nd Ed. Transportation Association of Canada. February 2012.
Urban Bikeway Design, National Association of City Transportation Officials, September 2012.
Bicycle Boulevard Planning and Design Handbook.

Design Considerations/Details

Operational Considerations

References

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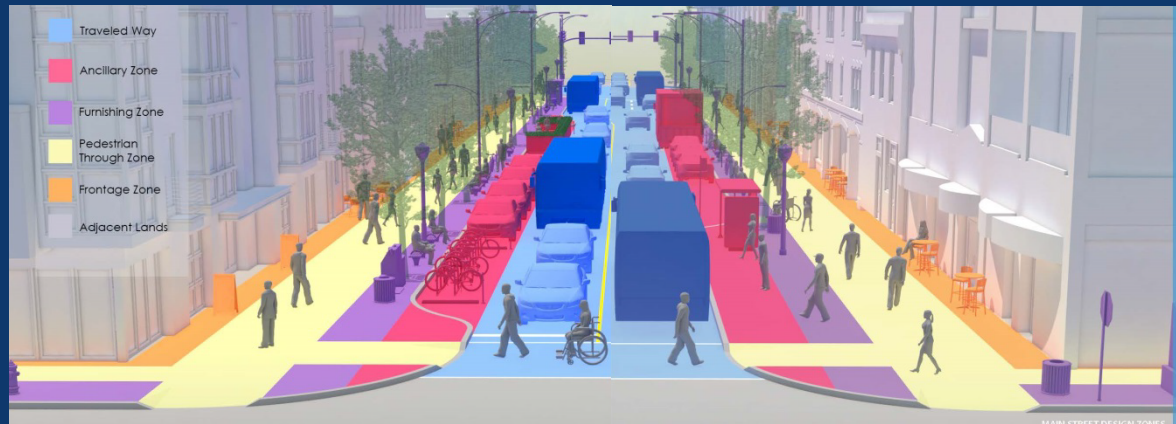
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Build

- **Do you need a Demonstration Project?**
- **Provide temporary accommodations for all users: walking, bicycling, transit**
 - Clear signage
 - Advance communication about closures and changed patterns
- **Hold contractors to high standards**
- **Communicate project timeline**



Operate

- Celebrate project completion!
- Measure success in achieving project goals
- Observe changed conditions and patterns
- Don't be afraid to "tweak"



Reviewing Your Project Development Process

“What is your Development Review Process?”



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**National Complete
Streets Coalition**



Let's Test Your Expertise

Case studies 101




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Streets Coalition**



Santa Clara's Complete Streets – Your Turn

- 
- An aerial perspective of a city street designed as a 'complete street'. The street is divided into several lanes: a green-paved bike lane with white directional arrows, a red-paved car lane with a white crosswalk, a white-paved bus stop area with a white bus, and a grey-paved pedestrian sidewalk. The sidewalk features a cafe with outdoor seating, trees, and people walking. A yellow car is in the car lane, and a red car is in the bike lane. A white van is in the bus stop area. The street is flanked by brick buildings and trees.
- ✓ Put yourself as a pedestrian or bicyclists
 - ✓ Define the problem
 - ✓ Discuss Priorities & Tradeoffs
 - ✓ Monitor project performance

Incomplete Streets





88%

Reduction in pedestrian
crashes by adding sidewalks

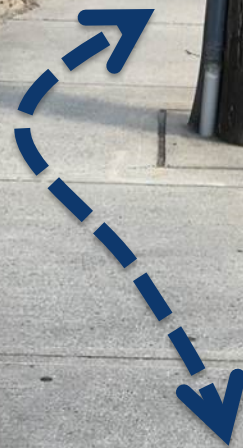
(FHWA crash reduction factors)

Santa Clara's Requirements

- 5' wide sidewalk
- Anything less may require design exception



Obstacles in Pedestrian Zone



Access Route



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Complete Streets

A photograph of a person in a wheelchair on a sidewalk. The sidewalk has a 3% cross slope, which is steeper than the 2% slope mentioned in the text. The person is wearing a hat and a plaid shirt. The background shows a street with a white van and other vehicles. The entire image has a blue tint.

50%

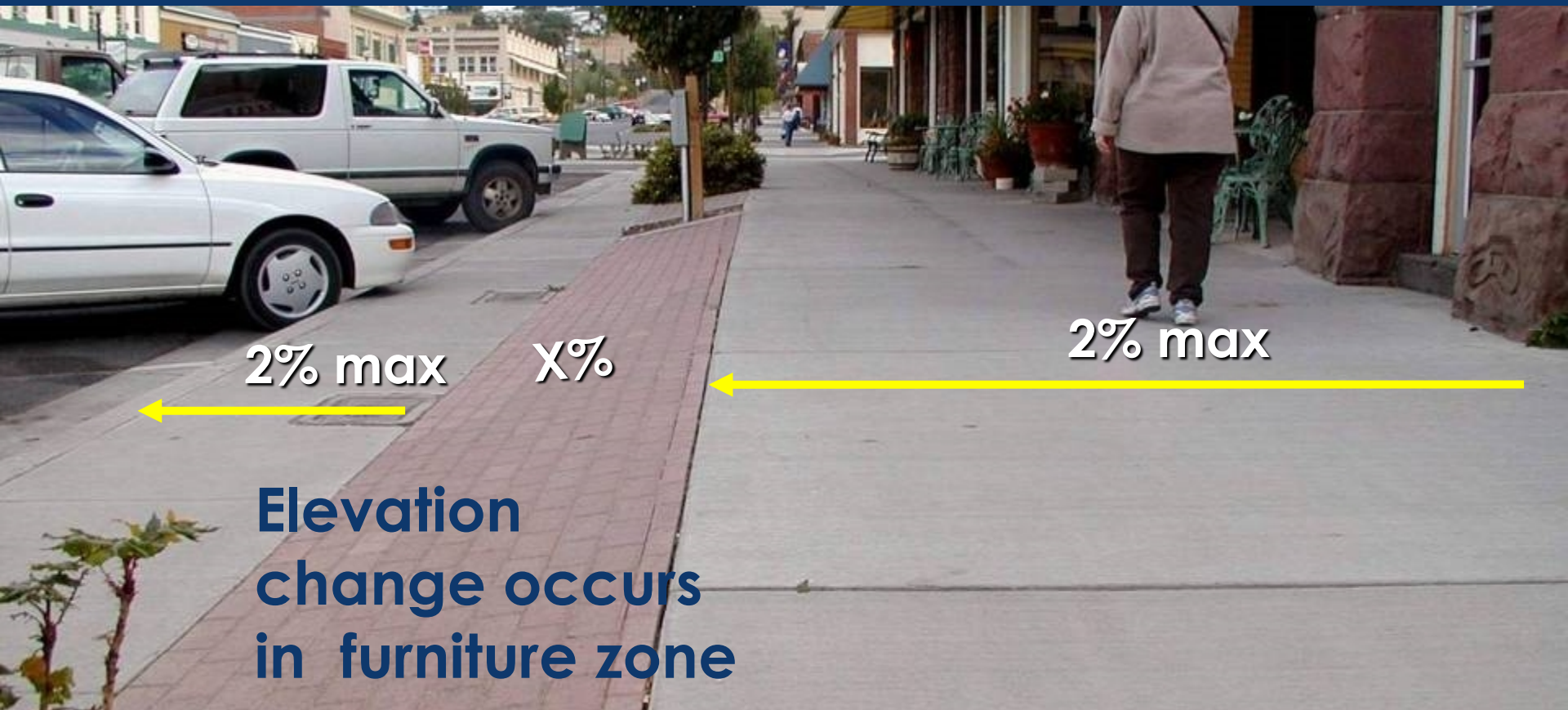
More energy to push a wheelchair at
a 3% cross slope than at 2% (US Access Board)

Cross Slope Guidelines

- **2% max cross slope “Level”**
(design to 1.5%)
- **“Level Landing” – 2% max slope**
in all directions (design to 1.5%)



Cross Slope Solutions



Pedestrian Crossings

Crosswalk

- Connects sidewalks on opposite sides of roadway
- Any portion of a roadway marked for crossing



Crosswalk Design

Standard



Continental



Zebra



Ladder



- Continental and ladder designs are the most visible to drivers
- Caltrans Standard is “Standard” lines
- Be consistent!



Crosswalk Design

What is wrong with this crosswalk?



Group Discussion

Which crosswalks are Caltrans & FHWA approved?



Group Discussion

Which crosswalks are Caltrans & FHWA approved?



YES



YES



NO - GREEN



NO - YELLOW



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Pedestrian Signals



Many pedestrians do not understand “Flashing Don’t Walk” means it’s OK to continue walking



- How much crossing time is left
- Reduces all crashes by 25%
- Included in 2009 MUTCD



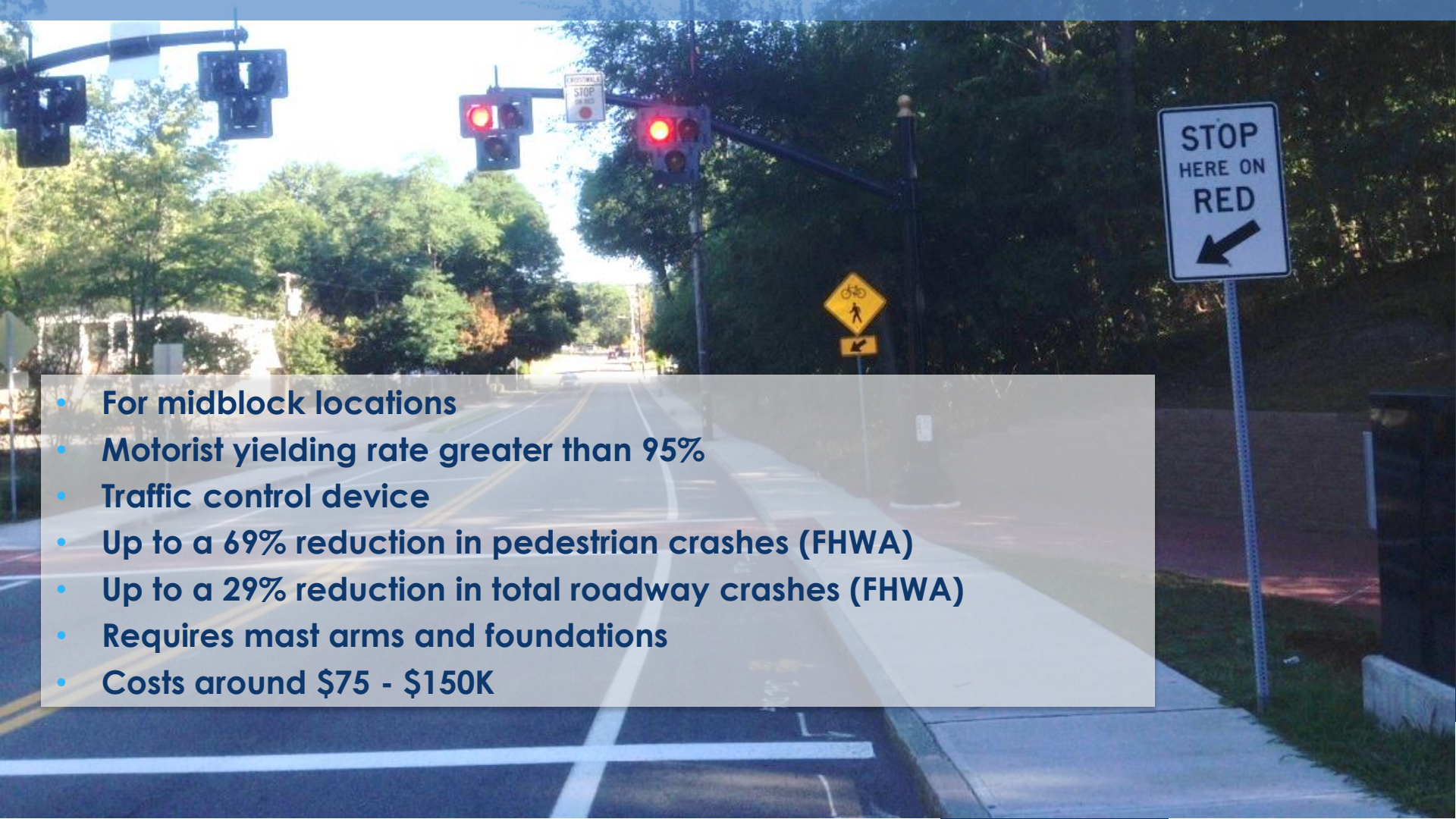
Rectangular Rapid Flashing Beacon

- For midblock locations
- Motorist yielding rates increased
18.2% to 81.2% for 2 beacons and
to 87.8% for 4 beacons (TRB)
- Pedestrian activated (pushbutton or passive)
- Warning device
- Interim approval from FHWA, July 2008
- Can be solar powered or hard wired
- Costs approximately \$20k-\$40k



Pedestrian Hybrid Beacon (PHB)

- For midblock locations
- Motorist yielding rate greater than 95%
- Traffic control device
- Up to a 69% reduction in pedestrian crashes (FHWA)
- Up to a 29% reduction in total roadway crashes (FHWA)
- Requires mast arms and foundations
- Costs around \$75 - \$150K



Pedestrian Crossing Island

- **Reduces pedestrian crashes by 46% (FHWA)**
- **Allows pedestrians a safe place to stop**
- **Enhances visibility of the crossings**
- **Reduces the speed of vehicles**
- **Can be used for access management**
- **Can be utilized for stormwater management**
- **Minimum 4' (8' preferable)**



Crossing Case Study



What Crossing Treatment Would you Choose?



Shared Use Path Crossing

- ADT: 12,600
- Speed: 25 mph
- Two lane roadway

Which Crossing Treatment Would you Choose?

RRFB was chosen based on speed, volume and roadway width

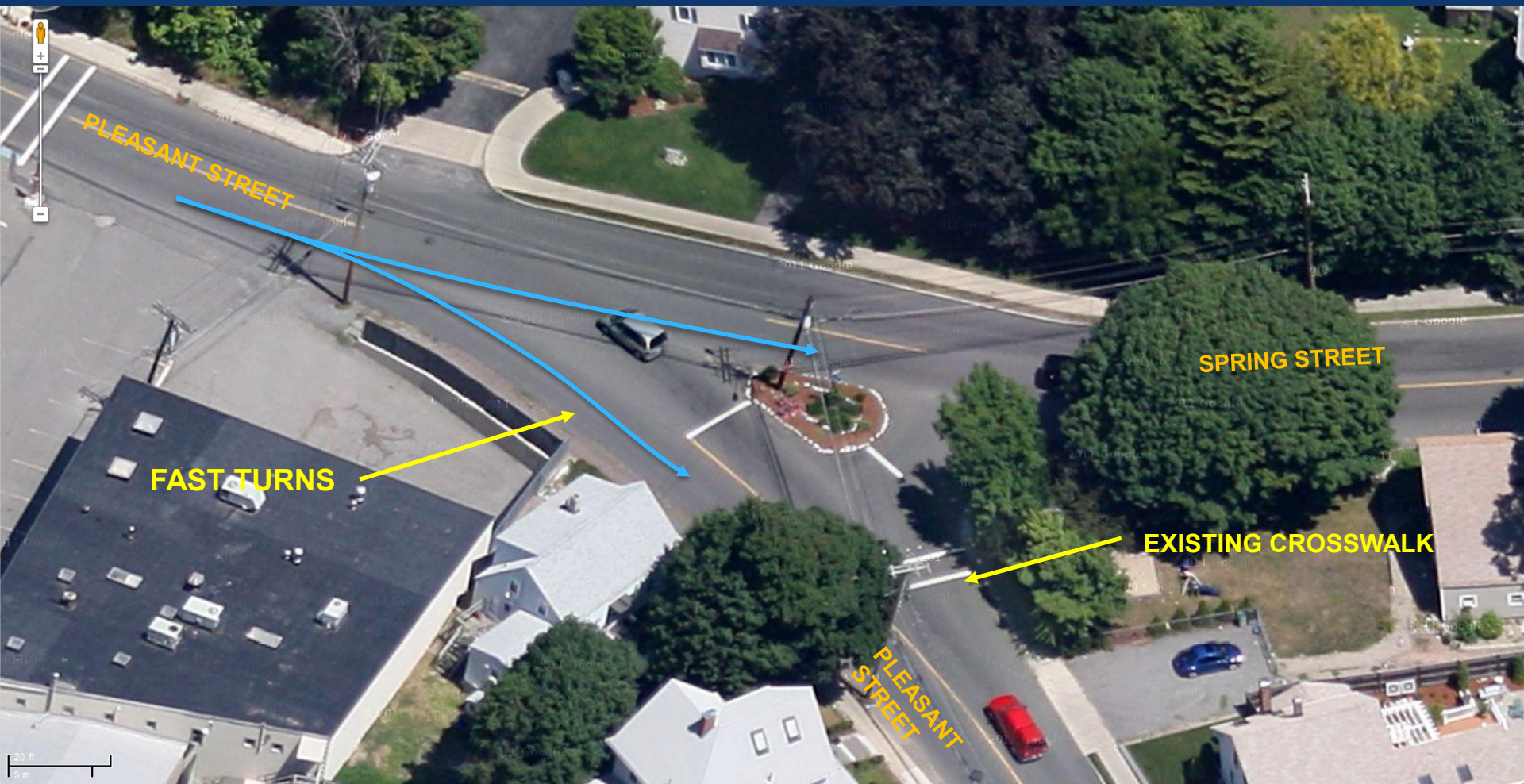


Effect of Large Radius on Drivers

A photograph of a street intersection. In the foreground, a wide, light-colored concrete sidewalk runs along the left side of the road. The road is asphalt and has a white-painted crosswalk. A black traffic light pole stands at the corner. In the background, there are several buildings, including one with a sign that says "SYGYRO". A green station wagon and a black SUV are visible on the road. The sky is clear and blue. A blue semi-transparent banner is overlaid at the top of the image, containing the title text.

**They drive fast,
ignoring
pedestrians**

How would you change it?



Source: Google Maps



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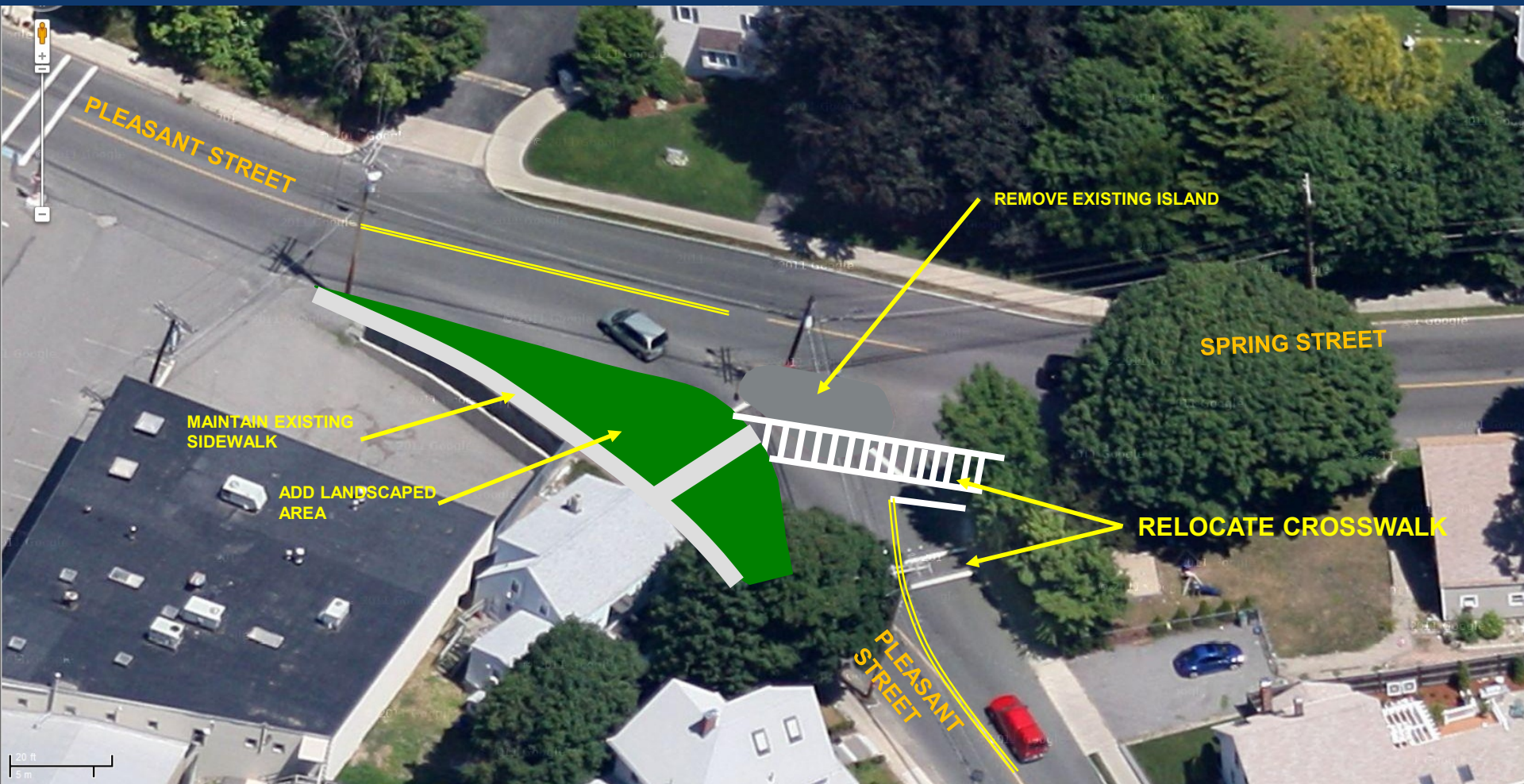


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Tighten Corner Curb Radii



Source: Google Maps



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